

**CHARTER COMMUNITY PROGRAM**
**MAY 2022**

<u>MONDAY</u>		<u>TUESDAY</u>		<u>WEDNESDAY</u>		<u>THURSDAY</u>		<u>FRIDAY</u>	
2		3		4		5		6	
B *WG Iron Fortified Cereal Banana *LF/NF Milk		B *WG Pancake on a Stick Applesauce Cups *LF/NF Milk		B *WG Breakfast Burrito Fresh Oranges *LF/NF Milk		B *WG Pancake with syrup Applesauce Cup *LF Milk		B *WG Iron Fortified Cereal Orange Juice *LF /NF Milk	
L *WG Chicken Corn Dog, Fries Tossed Salad with ranch dressing Fresh Apples *LF/NF Milk		L *WG Bean and Cheese Burrito Tossed Salad with ranch dressing Pears * LF/NF Milk		L *WG Pasta w/ meat sauce *WG Bread Stick , Peaches Tossed Salad with ranch dressing *LF/NF Milk		L *WG Big Daddy Pizza Tossed Salad with ranch dressing Pears *LF/NF Milk		*WG Turkey and Cheese Sandwich Carrots and Zucchini Fresh Oranges *LF/NF Milk	
9		10		11		12		13	
B *WG Iron Fortified Cereal Banana *LF/NF Milk		B *WG Pancake on a Stick Applesauce Cups *LF/NF Milk		B *WG Breakfast Sandwich Fresh Oranges *LF/NF Milk		B *WG French Toast with syrup Applesauce Cups *LF/NF Milk		B *WG Iron Fortified Cereal Orange Juice *LF/NF Milk	
L Hamburger on a *W G Bun,Fries Tossed Salad with ranch dressing Fresh Apples *LF/NF Milk		L *WG Meat and Cheese Tacos Tossed Salad with ranch dressing Pears * LF/NF Milk		L *WG Pasta w/ meat sauce *WG Bread Stick , Peaches Tossed Salad with ranch dressing *LF/NF Milk		L *WG Big Daddy Pizza Tossed Salad with ranch dressing Pears *LF/NF Milk		L Spicey Chicken Patty on *WG Bun Tossed Salad with ranch dressing Fresh Apples *LF/NF Milk	
16		17		18		19		20	
B *WG Iron Fortified Cereal Banana *LF/NF Milk		B *WG Pancake on a Stick Applesauce Cups *LF/NF Milk		B *WG Breakfast Burrito Fresh Oranges *LF/NF Milk		B *WG Pancake with syrup Applesauce Cup *LF Milk		B *WG Iron Fortified Cereal Orange Juice *LF /NF Milk	
L BBQ Pork on a *WG Bun, Fries Tossed Salad with ranch dressing Fresh Apples *LF/NF Milk		L *WG Bean and Cheese Burrito Tossed Salad with ranch dressing Pears * LF/NF Milk		L *WG Pasta w/ meat sauce *WG Bread Stick , Peaches Tossed Salad with ranch dressing *LF/NF Milk		L *WG Big Daddy Pizza Tossed Salad with ranch dressing Pears *LF/NF Milk		*WG Ham and Cheese Sandwich Carrots and Zucchini Fresh Oranges *LF/NF Milk	
23		24		25		26			
B *WG Iron Fortified Cereal Banana *LF/NF Milk		B *WG Pancake on a Stick Applesauce Cups *LF/NF Milk		B *WG Breakfast Sandwich Fresh Oranges *LF/NF Milk		B *WG French Toast with syrup Applesauce Cups *LF/NF Milk			
L Hamburger on a *W G Bun,Fries Tossed Salad with ranch dressing Fresh Apples *LF/NF Milk		L *WG Meat and Cheese Tacos Tossed Salad with ranch dressing Pears * LF/NF Milk		L *WG Pasta w/ meat sauce *WG Bread Stick , Peaches Tossed Salad with ranch dressing *LF/NF Milk		L *WG Big Daddy Pizza Tossed Salad with ranch dressing Pears *LF/NF Milk			

\*WW= Whole Wheat - \*WG= Whole Grain-\*LF = Low Fat, NF MILK