



**Sprague School District
25 Scotland Road ~ Baltic, CT 06330**



Sayles School

Patrice Houle, R.N.

School Nurse

Email: phoule@spraguek12.org

Phone: 860.822.8264, ext. 111

Fax: 860.822.8667

Website: <http://www.saylesschool.org>

November 9, 2020

As the Thanksgiving holidays approach, I would like all of you to read the Travel Policies put forth by the State. We all want to see family but also need to think of the consequences.

Frequently asked questions:

If an affected traveler who is required to self-quarantine stays at my house, am I and any family, who have not been traveling, also required to self-quarantine? No, you and your family are not required to self-quarantine. However, all usual COVID-19 precautions should be undertaken.

Can travelers be tested for COVID-19 instead of self-quarantine? Yes, an affected traveler is exempt from the self-quarantine requirement if the affected traveler (1) has had a test for COVID-19 in the 72 hours prior to arrival in Connecticut or at any time following arrival in Connecticut, (2) the result of such COVID-19 test is negative, and (3) he or she has provided written proof of such negative test result to the Commissioner. If a test result was obtained in the 72 hours prior to arrival in CT, or following arrival in CT, and such affected traveler has not yet received his or her test results, such traveler shall remain in quarantine in CT until a negative test result is submitted to the Commissioner. If the test result is positive and the traveler is asymptomatic, he or she shall self-isolate for 10 days from the date of the test; if symptomatic, he or she should seek medical assistance. All affected travelers are required to complete the Travel Health Form.

What tests are acceptable for the testing option? Nucleic acid tests such as reverse transcriptase polymerase chain reaction (RT-PCR) tests are the **only acceptable testing option**. **Neither rapid antigen tests nor antibody tests for COVID-19 satisfy the testing requirement for the testing exemption.**

If you are tested please do not come to work until you have received a negative result. Please continue to wear your masks, socially distance, and wash your hands. Please stay safe and remember what you do outside the school comes back into the school.

Thanks,

Patrice Houle, RN