

Daily COVID-19 Health Screening

Parents, guardians, caregivers, and older students can self-report the answers to these questions through existing school health portals or school communication platforms in the morning before the student leaves for school. Temperatures may be checked at home or at school. Schools can share the questions below with parents to aid in daily reporting of COVID-19 health screenings.

Symptom screening at home can be helpful to determine if a student:

1. Currently has an infectious illness that could impair their ability to learn, or
2. Is at risk of transmitting an infectious illness to other students or to school staff.

For Parents: Please complete this short health screening each morning and report your child's information to the school office in the morning if you are keeping your child home.

1. Does your child have any of the following symptoms?

- Temperature of 100.4 degrees Fahrenheit or higher when taken by mouth
- Sore throat
- New** uncontrolled cough that causes difficulty breathing (for students with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Diarrhea, vomiting, or abdominal pain
- New onset of severe headache, especially with a fever

If you answered **YES** to any of these, then your child cannot come to school today. Your child should be tested for COVID-19 or evaluated by their health care provider. If your child has other symptoms of concern, please consult with your child's medical provider.

2. Has your child had close contact (within 6 feet for at least 15 minutes) with a person with confirmed COVID-19?

3. In the last 14 days, has your child participated in a high-risk activity or high-risk travel?

Examples include:

- Going to a large gathering (with 50 or more people) like a wedding, funeral, or party.
- Attending a mass gathering like a sporting event, concert, or parade.
- Being in a crowded airport, bus or train station.
- Traveling on a cruise ship or river boat.
- Traveling to an area with infection rates higher than SLO County

If you answered **YES** to #2 or #3, then your child cannot come to school today. Your child will need to quarantine at home for 14 days from the date of the high-risk activity or travel, or from the last contact with the person who tested positive for COVID-19 (or the last day of their isolation, if contact is ongoing). During this time, monitor your child for symptoms of COVID-19.

Questions? Contact Shirley Gray or BJ Woods