



Tefillah (Prayer) Learning Objectives

Tefillah - Prayers

As a Jewish day school, Tefillah, prayer, provides an opportunity for our Kehillah, community, to come together in a sacred space to thank God for our blessings. While children are not forced to pray, they are expected to be respectful and reverent during this time. In terms of our Kehillah, we find times to pray as an entire school community and/or by division.

Havdallah - Mondays

On Monday mornings the entire Hillel Academy school community begins its week together by praying the Havdalah service. The Havdalah service ends Shabbat and begins the new week and while it is typically done on Saturday night, at Hillel we use this brief Tefillah, prayer, to begin our week together.

Shacharit - Tuesdays

Shacharit is the weekday morning prayers that we do on Tuesday mornings. Each division prays together and the teachers spiral the curriculum through the divisions. Leaders will choose the prayers they want the students to focus on any given Tuesday.

PreKindergarten - 3rd Grade

- Modeh Ani
- Ma Tovu
- First 3 brachot of Birkot Hashachar
- Hallelujah
- Romemu
- Ashrei
- Barchu
- Shma
- V'Ahavta
- Mi Chamocha
- Oseh Shalom
- Aleinu
- Adon Olam

4th - 8th Grades

- All of the above, plus...
- Birkhot HaShachar
- Baruch Sh'Amar
- Ahavah Rabbah
- Full Shma
- Mizmor l'Todah
- Az Yashir
- Yishtabach
- Hatzi Kaddish
- Yotzer Or
- Full Amidah
- Kaddish Shalem
- Kaddish Yatom
- On Rosh Chodesh - Hallel

Kriat Torah - Thursdays

On Thursdays, the upper division has a Torah Service: The students have Aliyot (prayers before and after the Torah) and read Torah. In the Primary School, the students learn about the Parashat HaShavua (the weekly Torah portion).

Additionally, the community Rabbis rotate each Thursday and share a Dvar Torah with our students.

Kabbalat Shabbat - Fridays

Each Friday students welcome the Shabbat in their classes, by division, or as a whole community at Shabbat b'Yachad. The prayers the students include:

- Prayer of the candles (Nerot)
- Shalom Aleichem
- L'cha Dodi
- Prayer over the wine (Kiddush)
- Prayer over the challah

Additional

- Before lunch, students are invited to wash their hands during the Netilat Yada'im prayers and then all students recite Hamotzi, thanking God for the food provided.
- After lunch, all students recite the *Birkat Hamazon*, the traditional Grace after meals.