# PROFESSIONAL LEARNING CATALOG

2021-2022





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# **REGIONAL IN-PERSON TRAININGS**

# **Nonviolent Crisis Intervention Training**

The Crisis Prevention Institute (CPI) Non-Violent Crisis Prevention Intervention training expands on the verbal de-escalation model. It is designed to provide participants with decision-making skills to match the level of the response to the risk of the crisis, focusing on the least-restrictive response to ensure the Care, Welfare, Safety, and Security<sup>™</sup> of students. Participants learn how to recognize the stages of an escalating crisis and learn how to apply evidence-based techniques, which may include the use of safety interventions to de-escalate appropriately. Nonviolent Crisis Intervention Training emphasizes physical safety interventions as a last resort and appropriate to the risk level.

NOTE: Participants must demonstrate competency in applying the Nonviolent Crisis Intervention Physical Safety interventions, pass an exit exam, and attend the full two-day training to be certified. To ensure participants' safety, we recommend clothing attire that allows for physical activity and closed-toed non-slip shoes (i.e., tennis shoes) be worn. Small school teams (3-5 staff members) are encouraged to attend and be certified together.

Training Length: 2 Days

Audience: Administrators, General Education and Special Education Teachers, Support Staff,

Psychologist, Counselors, Service Providers

Location: 4355- B Golden Center Drive, Placerville, CA 95667

Dates:

8/9/2021 and 8/10/2021	9:00 AM	3:30 PM	Register <u>HERE</u>
8/23/2021 and 8/24/2021	9:00 AM	3:30 PM	Register <u>HERE</u>
9/2/2021 and 9/3/2021	9:00 AM	3:30 PM	Register <u>HERE</u>
1/26/2022 and 1/27/2022	9:00 AM	3:30 PM	Register <u>HERE</u>
2/28/2022 and 3/1/2022	9:00 AM	3:30 PM	Register <u>HERE</u>
3/7/2022 and 3/8/2022	9:00 AM	3:30 PM	Register <u>HERE</u>
3/22/2022 and 3/23/2022	9:00 AM	3:30 PM	Register HERE

## **Section 504 Training**

This training reviews section 504.

Training Length: 2 Hours

Audience: Special Education Administrators; General Education Administrators; Special

Education Teachers; General Education Teachers; Case Managers

Location: 4355- B Golden Center Drive, Placerville, CA 95667

Date:

10/4/2021 2:00 PM 4:00 PM Register <u>HERE</u>

# **SEIS 101**

This training provides a detailed overview of how to navigate essential functions and correctly complete IEP forms within the Special Education Information System SEIS system. SELPA program specialists and Program Technicians support participants in real-time experience in practicing essential functions, access documents in the SEIS reference library, and how to mitigate common data-identified non-compliance errors.

Training Length: 4 Hours

Audience: Special Education Teachers; Special Education Related Service Providers; Case Managers

Location: 4355- B Golden Center Drive, Placerville, CA 95667

Dates:

8/12/2021 9:00 AM 1:00 PM Register <u>HERE</u>



# **VIRTUAL REGIONAL TRAININGS**

# **Understanding Disability and Student Support Needs**

# Meeting the Needs of Students with Autism – Understanding Eligibility, Support Strategies, and EBPs

This training provides an overview of practical techniques to circumvent potential behavior escalation that may disrupt or halt classroom instruction and student learning. Participants gain knowledge in understanding the function of a behavior, collecting meaningful data, and applying evidence-based and positive behavioral interventions.

Training Length: 2 Hours, 3 Hours, and 2 Hours

Audience: Special Education Administrators; General Education Administrators; Special Education

Teachers; General Education Teachers; Special Education Related Service Providers;

School Psychologists; School Counselors; Case Managers

Dates:

Part 1 Introduction to Autism Spectrum Disorder

9/14/2021 2:00 PM 4:00 PM Register HERE
Part 2 Supporting Students with Autism in School Settings
10/12/2021 1:00 PM 4:00 PM Register HERE

Part 3 Understanding Evidence-Based Practices for Students with Autism Spectrum

11/16/2021 2:00 PM 4:00 PM Register HERE

# **Special Education Foundations**

# **Understanding and Using Accommodations and Modifications**

Appropriate curricular adaptations help ensure students with an IEP access and benefit from equitable instruction. Understanding the differences between and determining the application of accommodations and modifications is often misunderstood, resulting in lowered student academic outcomes, increased misbehavior, and a lack of engagement. This training addresses the implementation of adaptations related to both instruction and assessment across all educational environments.

Training Length: 2 Hours

Audience: Special Education Administrators; General Education Administrators; Special Education

Teachers; General Education Teachers; Special Education Related Service Providers;

School Psychologists; School Counselors; Case Managers

Dates:

8/31/2021 2:00 PM 4:00 PM Register <u>HERE</u> 10/19/2021 2:00 PM 4:00 PM Register <u>HERE</u>

#### Mental Health

#### Youth Mental Health First Aid

Appropriate curricular adaptations help ensure students with an IEP access and benefit from equitable instruction. Understanding the differences between and determining the application of accommodations and modifications is often misunderstood, resulting in lowered student academic outcomes, increased misbehavior, and a lack of engagement. This training addresses the implementation of adaptations related to both instruction and assessment across all educational environments.

Training Length: 6 Hours

Audience: General Education Administration, Special Education Administration, General Education

Teachers, Special Education Teachers, Paraeducators and Support Staff, Non-ERMHS

**Related Service Providers** 

Dates:

11/10/2021 9:00 AM 3:00 PM Register HERE

#### **Behavior**

# **Understanding and Managing Challenging Behavior Top Ten Tips for Educators**

Appropriate curricular adaptations help ensure students with an IEP access and benefit from equitable instruction. Understanding the differences between and determining the application of accommodations and modifications is often misunderstood, resulting in lowered student academic outcomes, increased misbehavior, and a lack of engagement. This training addresses the implementation of adaptations related to both instruction and assessment across all educational environments.

Training Length: 2 Hours

Audience: Administrators, General Education and Special Education Teachers, Support Staff,

Psychologist, Counselors, Service Providers

Dates:

8/18/2021 1:00 PM 3:00 PM Register <u>HERE</u> 10/20/2021 1:00 PM 3:00 PM Register <u>HERE</u>

# Verbal De-Escalation: The Prevention-Intervention-Postvention Cycle

Students experiencing behavioral and social-emotional difficulties may exhibit behaviors that require careful intervention. This training focuses on verbal de-escalation strategies designed to quickly and effectively intervene before, during, and after a behavioral escalation. Participants learn techniques to avoid crisis, the stages of behavioral escalation, and essential post-intervention elements.

Training Length: 3 Hours

Audience: Administrators, General Education and Special Education Teachers, Support Staff,

Psychologist, Counselors, Service Providers

Dates:

9/22/2021 12:30 PM 3:30 PM Register <u>HERE</u> 10/19/2021 12:30 PM 3:30 PM Register <u>HERE</u>



# **VIRTUAL SELPA ACADEMIES**

# **Paraeducator Academy**

Paraeducator Academy is a virtual one-day training aimed at increasing the knowledge and skills of paraeducators. Under the supervision of an appropriately credentialed educator, paraeducators are responsible for assisting students with disabilities in the least restrictive setting as outlined in the IEP. To be effective in this vital role and to ensure positive student outcomes, paraeducators require a clear understanding of the delivery of individualized adaptations and educational supports for students across school settings.

Participants must view three 30-minute web modules before participating in a live zoom meeting with SELPA staff. Web modules are viewable on devices with Internet access, including Chromebooks, desktops, laptops, iPADs, and mobile devices.

Training Length: 2.5 Hours
Audience: Paraeducators

Dates:

8/26/2021 3:00 PM Register HERE 12:30 PM 9/22/2021 12:30 PM 3:00 PM Register **HERE** 10/26/2021 12:30 PM Register **HERE** 3:00 PM 11/17/2021 9:00 AM 11:30 PM Register **HERE** 

## **Psychologist Academy**

The School Psychologist Academy is a one-day virtual training aimed at enhancing the knowledge and skills of School Psychologists within a school setting. The academy will incorporate best practices, review research -based content, and provide opportunities for collaboration. This event will enable practitioners to network and gain access to resources that can be utilized and built upon in practice. The School Psychologist Professional Learning Community (PLC) will be held the following day to provide for additional collaboration and networking opportunities. Participants are encouraged to attend both events.

Training Length: 3 Hours
Audience: Psychologist

Dates:

9/8/2021 9:00 AM 12:00 PM Register <u>HERE</u>

# **VIRTUAL DIAGNOSTIC CENTER NORTH (DCN) TRAININGS**

# Completing a Functional Behavior Assessment to Determine Effective Interventions for Problem Behavior Series

This is a three-part series of trainings presented in short sessions. These sessions will be p resented over a period of several months, allowing the participants to practice and apply the knowledge gained during each session. The sessions are:

- Session 1: Data Collection for Analysis Tools and methods will be introduced that allow for effective, timeefficient and appropriate data collection of problem behaviors that occur within the educational setting.
  (In-person or web-ex 3 hours)
- Session 2: Determining the Function Using collected data to determine a hypothesis for why problem behavior is occurring. The session will discuss how to analyze data to determine the function, especially when there are multiple contributing factors impacting the behavior. (In-person or web-ex 3 hours)
- Session 3: Designing Function Driven Replacement Behaviors and Putting It All Together How to use the
  information gathered through a functional assessment to lead to effective identification of appropriate
  replacement behaviors. This training will review examples of how to write a defensible and accessible FBA
  report.

#### **Presented Online**

Training Length: 3 sessions – 3 hours each. Series Total: 9 hours Audience: School Psychologists and Behavior Specialists

Session 2 9/15/2021 1:00 PM 4:00 PM Register <u>HERE</u> for ALL 3

Session 2 9/16/2021 9:00 AM 1:00 PM Session 3 9/24/2021 9:00 AM 1:00 PM

# DCN Training- How to Design a Day of Effective Direct Instruction for Students with Significant Learning Needs

The design and implementation of instruction is the primary role of an effective teacher, who can impact student learning and success in the classroom. However, designing instruction that is effective and relevant for all students, when student ability and academic skills can vary widely, can be difficult! This workshop will present strategies for identifying how to group students for small group instruction, the important elements of direct instruction for all students, ideas for curriculum design, and tips for management and implementation of a well-designed educational day.

Training Length: 1.5 Hours

Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, and

Paraprofessionals

Dates:

10/13/2021 9:00 AM 10:30 AM Register <u>HERE</u>

# DCN Training – When They Don't Show Up Dealing with School Avoidance

There has been a steady increase in the number of students who are refusing to attend school. Chronic absenteeism and frequent tardies are significant problems that not only plague schools, but families as well. This training will help provide information on how to identify the reason(s) behind the student's school refusal (whether in person or while engaged in remote learning), and outline evidence-based practice interventions to help students return to class. Case examples will be offered to illustrate the various methods and intervention strategies. Attendees will have the opportunity to share their own case examples.

Training Length: 1.5 Hours

Audience: School Psychologists, Mental Health Professionals, Administrators, and Teachers

Dates:

10/21/2021 9:00 AM 10:30 AM Register HERE

#### DCN Training – Planning and Implementing an Effective Reading Intervention

How do we plan effective reading intervention programs for our students who continue to struggle with reading? Learn how to use screening and formal assessment data to develop a student profile that will guide your decisions as you design that student's educational program.

Training Length: 1.5 Hours

Audience: Teachers – Special Education: including RSP, SDC and Reading Specialist

Dates:

10/29/2021 9:00 AM 10:30 AM Register HERE

# **ERMHS Assessment: Examining Your Social-Emotional Data**

Significant social-emotional and behavioral needs that impede his/her/their ability to benefit from the academic curriculum. In order to gain a better understanding of a student's level of mental health functioning, and the degree to which it is impairing learning, we need to conduct an assessment that examines social, emotional, and behavioral capacities. This training will review common means of assessing and exploring a student's mental health using projective storytelling cards, drawings, checklists, and other assessment measures. An in-depth analysis of how to use emotional themes and drawing interpretations to guide decisions and recommendations will be provided. By the end of the presentation, participants will feel more comfortable completing ERMHS assessments and have new tools to gather data and explain results.

Training Length: 1.5 Hours

Audience: School Psychologists, School Counselors, and Teachers (Counseling Enriched Classrooms)

Dates:

1/11/2022 9:00 AM 10:30 AM Register HERE



# VIRTUAL PROFESSIONAL PARTNER TRAININGS

# **Transition**

# **Supporting Secondary Transition for Students with Disabilities**

Rachel De Bruin
CA Certified Transition Trainer
Transition Coordinator
ACES Founder



- Part 1: Understanding the Law- This workshop will take a deep dive into IDEA's transition mandate and
  decipher each component of this highly misunderstood and confusing law. In addition, the workshop
  will cover the top misinterpretations and errors that trigger due process proceedings and how to avoid
  those. Infused throughout the workshop are findings from very recent court cases and research that
  are transforming how we perceive the transition process. Attendees will deepen their understanding of
  transition both from a legal and best practices standpoint.
- Part 2: The ITP and IEP- This workshop will take a step-by-step approach to the initial phases of the Individual Transition Plan (ITP). Age-appropriate transition assessments will be covered in detail (and why most assessments used do NOT meet legal criteria). We will cover how to identify assessments that meet the full requirement of the law and then how to use the results of those assessments to inform the development of student postsecondary goals and annual goals. Attendees will learn how to write a comprehensive transition report and how to combine the ITP and IEP into a seamless, unified, student-centered plan that is legally defensible and meaningful.
- Part 3: Effective Transition Programs- This third workshop will continue the training on the ITP with an emphasis on transition services, how to document them on the ITP/IEP, and how to
- integrate them into a comprehensive school-wide transition program that goes beyond the walls of the special ed classroom. Attendees will learn how to partner with general education programs and staff, guidance counselors, and community agencies for the provision of transition services and learn how to document this system of coordination on the ITP/IEP. The popular and customizable tool, "Transition Planning Matrix" will be presented that makes the entire transition planning, programming, and implementation process as simple and timesaving as possible.

Training Length: 3 Hours each

Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, and

**Paraprofessionals** 

#### Dates

Part 1: Understanding the Law	9/28/2021	9:00 AM	12:00 PM	Register <u>HERE</u>
Part 2: The ITP and IEP	10/26/2021	9:00 AM	12:00 PM	Register <u>HERE</u>
Part 3: Effective Transition Programs	11/5/2021	1:00 PM	4:00 PM	Register <u>HERE</u>

# **Alternative Dispute Resolutions**

# An Ounce of Prevention, Strategies for Dealing with Conflict for Administrators

Dr. Paul Porter Professor at Sonoma State University Former School Superintendent Former SELPA Director Former School Psychologist



School leaders complete a self-assessment on their conflict style and gain a deeper understanding of the following concepts:

- Types of conflict
- Understanding differences to defuse potential conflict
- 5 styles of dealing with conflict
- Helpful phrases: phrases that can escalate
- Helping others to win
- Using norms to prevent conflict
- A low-level conflict mediation process
- Dealing with resistance

Training Length: 1.5 Hours each

Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, and

Paraprofessionals

**Dates** 

Part 1	9/14/2021	9:00 AM	11:30 AM	Register <u>HERE</u>
Part 2	9/28/2021	9:00 AM	11:30 AM	Register <u>HERE</u>
Part 3	10/19/2021	9:00 AM	11:30 AM	Register HERE

# An Ounce of Prevention, Strategies for Dealing with Conflict for Teachers

Teachers complete a self-assessment on their conflict style and gain a deeper understanding of the following concepts:

- Types of conflict
- · Understanding differences to defuse potential conflict
- 5 styles of dealing with conflict
- Pacing and deeper listening
- Proper use of praise
- Asking value questions
- Pitfalls that can cause a conflict to escalate
- A low-level conflict mediation process

Training Length: 7.5 Hours Total

Audience: Special Education Teachers; General Education Teachers; Special Education Related

Service Providers; School Psychologists; Case Managers

Dates:

 Part 1
 9/15/2021
 9:00 AM
 11:30 AM
 Register HERE

 Part 2
 9/29/2021
 9:00 AM
 11:30 AM
 Register HERE

 Part 3
 10/20/2021
 9:00 AM
 11:30 AM
 Register HERE

### An Ounce of Prevention, Strategies for Dealing with Conflict for Parents

Teachers complete a self-assessment on their conflict style and gain a deeper understanding of the following concepts:

- Understanding conflict as normal
- Sources/types of conflict
- Understanding differences to defuse potential conflict
- Self-Assessment: conflict style
- 5 styles of dealing with conflict
- Using Positive Intent
- Anger as a "cover emotion"
- How kids learn about dealing with conflict

Training Length: 2.5 Hours Audience: Parents

Dates:

9/30/2021 3:30 PM 6:00 PM Register <u>HERE</u>

#### Mental Health

### Mental Health Series with Ricky Robertson – Building Resilience in Students

Ricky Robertson
Best Selling Author
Educator Coach
Former Teacher
Former Behavior Intervention Specialist



Use trauma-informed strategies to give students the skills and support they need to succeed in school and life. This four-part series with Ricky Robertson Explores how school communities can come together and work to establish a healthy social-emotional climate for students. This series reviews the following concepts:

- The different experiences and unique challenges of students impacted by ACEs in urban, suburban, and rural schools, including suicidal tendencies, cyberbullying, and drugs
- Behavior as a form of communication and how to explicitly teach new behaviors
- How to mitigate trauma and build innate resiliency through a read, reflect, and respond model

We recommend participants register in small teams and attend all four sessions to inform better site-based action plans that create whole-school change, where strategies are integrated from curb to classroom.

Training Length: 6 Hours total

Audience: Special Education Administrators; General Education Administrators; Special Education Teachers; General Education Teachers; Special Education Related Service Providers; School Psychologists; School Counselors; Case Managers

Training Length: 6 Hours Total

Audience: School Psychologists, Mental Health Professionals, Administrators, Teachers, and

**Paraprofessionals** 

Dates 9/23/2021 Part 1 2:00 PM 3:30 PM Register HERE 11/4/2021 2:00 PM 3:30 PM Register **HERE** Part 2 1/20/2022 Part 3 2:00 PM 3:30 PM Register **HERE** Part 4 3/10/2022 2:00 PM 3:30 PM Register **HERE** 

# Interested in more? Below is a list of commonly requested professional learning offerings. Please reach out to your Program Specialist for more information or to schedule a training.

#### PROFESIONAL LEARNING OFFERINGS

#### **Verbal De-escalation**

When students experience behavioral and/or social-emotional difficulties, they may exhibit behaviors that require careful intervention by professionals in the educational setting. As a result, instruction is disrupted, and student outcomes are minimized. This training is designed to provide participants with the information and resources needed to quickly and effectively intervene before, during and after a behavioral escalation.

#### Writing Grade Level, Standards-Aligned Compliant IEP Goals Focused on Outcomes

This training will provide educators with information focused on the requisite skills to develop goals designed to support progress toward mastering grade-level content standards, as well as determining the students' levels of performance and steps for writing meaningful and measurable non-academic goals.

#### Writing Compliant IEPs in SEIS to Ensure Educational Benefit

Providing students educational benefit is the corner stone of compliance and outcomes of IEP development. This training focuses on developing a strong understanding of how the thread of educational benefit connects assessment data, present levels of performance (PLOP), and student needs. This training also provides instructions on documenting IEP forms in SEIS accurately.

# **Understanding and Using Accommodations and Modifications to Promote Student Access to Grade Level Instruction**

The application of appropriate curricular adaptations helps ensure students receive equitable access and benefit from instruction. Understanding the differences between and determining the provision of accommodations and modifications is often misunderstood, resulting in lowered student academic outcomes, increased misbehavior, and a lack of engagement. This training addresses the implementation of adaptations related to both instruction and assessment across all educational environments.