



Sacred Heart Preschool | Salinas

Family Handbook

2020-2021 School Year

Rev. 8/14/20

Mission Statement

Sacred Heart School, a ministry of Sacred Heart Parish, unites with families and instills a lifelong commitment to Catholic Values in a safe and nurturing environment. We are committed to 21st Century learning focused on collaboration, communication, creativity, and critical thinking. Sacred Heart School provides an exemplary academic foundation, and develops students who faithfully serve their communities and the world with Reverence, Respect, and Responsibility.

Preschool Philosophy

We seek to create a Christian family environment in which we affirm the worth of each individual and promote positive self esteem. We emphasize **Reverence, Respect and Responsibility**. We foster global awareness and service to others. We encourage partnership with our parents, the primary educators, to achieve the educational goals of Sacred Heart Preschool students throughout our curriculum and instruction we guide students of varied abilities to achieve their full potential and become responsible and moral decision-makers in a world of advancing technology and challenged Christian values.

Preschool Admission Policy

Sacred Heart Preschool is a Catholic school dedicated to the education of those who:

- Desire to learn more about God and are willing to participate in the faith community.
- Support the philosophy, goals, objectives, and rules of the school.
- Will be three or four years of age by the first of September of the new school year.
- Are fully potty trained.

Non-Discrimination Policy

Sacred Heart Preschool, in the Diocese of Monterey, mindful of its primary mission to be witness to the love of Christ for all, admits students of any race, color, national and/or ethnic origin, to all rights, privileges, programs and activities generally accorded or made available to the students at the school. Sacred Heart Preschool does not discriminate on the basis of race, color, national and/or ethnic origin, age or gender, in administration of its educational policies and admissions policies. While Sacred Heart Preschool does not discriminate against any employee or applicant for employment on the basis of gender, age, disability, race, color, and national and/or ethnic origin, likewise Sacred Heart School does not discriminate against any employee or applicant for employment on the basis of gender, age, disability, race, color and national and/or ethnic origin.

Sacred Heart reserves the right to be the sole judge of merit, competence and qualifications, and can favor Catholic applicants and co-workers in all employment decisions, especially in those positions that have direct bearing upon the pastoral of the Church.

Enrollment

Completion of all registration forms and required documents, which are available through the preschool office, to include the following:

- Tuition and fees agreement
- All state issued paperwork to include Personal Rights form, Parents Rights form, Health History, Identification and Emergency Information, Consent for Medical Treatment, Copy of Immunizations, Health Screening, and Admission Agreement.
- School required documents
- Birth certificate
- A copy of the immunization form

A smooth and happy transition from home to school is the goal of the preschool. To facilitate a gentle beginning, all children and their parents who are new to Sacred Heart Preschool will be scheduled for a brief classroom visit with the Preschool Co-Directors.

Tuition

Tuition may be paid in a single payment (by August 1) with a \$50.00 discount; in semester payments (by August & January); or in ten monthly installments (August – May). Tuition statements prepared by the school will be provided for each student based on the student’s elected tuition payment plan. Tuition collection is managed by FACTS tuition collection services.

All families must register for FACTS by June 15 for the school year.

Tuition Rates for the 2019-2020 school year

Tuition Rates

Preschool Only: Please check option

5 days a week (4 & 5 year olds: Mrs. Strange).....	\$5,200.00
5 days a week (3 & 4 year olds: Mrs. Airada).....	\$5,200.00
3 days a week (3 & 4 year olds: Mrs. Airada).....	\$3,700.00
2 days a week (3 & 4 year olds: Mrs. Airada).....	\$2,900.00

Fulltime: (preschool and before/after school care) Please check option

5 days a week (4 & 5 year olds: Mrs. Strange).....	\$8,300.00
5 days a week (3 & 4 year olds: Mrs. Airada).....	\$8,300.00
3 days a week (3 & 4 year olds: Mrs. Airada).....	\$6,300.00
2 days a week (3 & 4 year olds: Mrs. Airada).....	\$5,300.00

Multiple Children Discount:

2nd child discount..... \$250 per family
3rd child discount..... \$350 per family
4th child discount..... \$450 per family

Fees are non-refundable

Registration Fee: \$225.00 per student (due upon receiving registration packet)

Building and Maintenance Fee: \$200.00 per Preschool family.

** If preschooler has a sibling in Sacred Heart School, the family will pay a total of \$350.00 to cover the family’s total preschool and elementary school fee.

Returned Check Policy

A \$25.00 fee is charged in each returned check, or NSF bank draft, regardless of the reason. Returned checks and bank drafts are not re-deposited by the school. You must bring the returned payment plus \$25.00 in the form of a money order or cashier’s check to bring your account into good standing.

Late Fees

Each family is given a 5-minute grace period for pick-up. After the grace period the family will be charged \$20.00 each 5 minutes that they are late picking up.

Refund Policy

Sacred Heart Preschool plans carefully to ensure full enrollment and budgeting in order to provide our parents with tuition that remains affordable. It is the policy of Sacred Heart Preschool that tuition cannot be reimbursed for the semester in which a family leaves the school. If a family has paid tuition for the entire year, the school will only reimburse the tuition for the upcoming semester. Families that leave during the semester are required to continue to pay tuition until the end of the semester. This policy pertains to students who withdraw voluntarily as well as students who are asked to leave the school.

Withdrawal

Notice of withdrawal from Sacred Heart Preschool must be made by the parent(s) in writing to the Director in advance of the withdrawal date. This enables the school to prepare necessary information and settle accounts. Please note that early withdrawal does not end the obligation of the full year’s tuition.

Returning Students

Families who wish to return must turn in a contract and registration fees no later than the due date in February of the school year. Acceptance is not automatic; the Directors and Principal reserve the right to accept or reject applications for the new academic year.

Dismissal Policy

If during the school year it is determined that the child is not ready for the preschool environment, a meeting will be set with the Directors, Principal, Teachers, and Parents to discuss removing the child from the preschool setting. During the school year, the child may be removed due to any of the following: Failure to meet financial obligations, consistent behavioral problems on the part of the child or action on part of the family members that negatively impact the school.

Program

Our Program includes age and developmentally appropriate activities such as: art, music, science, supervised food prep, math, reading, language arts, and computer science. We also have indoor and outdoor physical experiences, which develop motor skills. The daily program schedule is posted outside the classroom doors with times designated for each activity. Our 4-year-old program will sometimes attend Mass at Sacred Heart Church.

Arrival and Pick-up

California State Licensing regulations mandate that children be signed in and out each day. When you arrive, please sign in your child. Only you or those you have authorized on your child's release information will be allowed to pick-up your child. Should it become necessary for someone else to pick-up your child, please speak to the Directors when you arrive in the morning. Under no circumstances will we be able to release your child to someone unless we have written permission. Please inform those picking up your child that a faculty member will ask for a photo ID to ensure your child's safety. Over the phone permission does not meet state safety requirements for preschools and cannot be accepted.

- Drive slowly! Children are difficult to see from the driver's perspective
- **Once you park, quickly take your child to the Preschool foyer and sign in, then immediately return to your vehicle**
- **Limit your parking time to five (5) minutes at drop off and pick up times.** Remember, there is parking available in the Stone St. parking lot if you need to stay longer
- Preschool and younger children need to hold hands with an adult and avoid running! Walk in designated, marked walkways or sidewalks when possible
- Park in designated areas. Parking in fire lines or areas that are not clearly marked for parking blocks a driver's view and space for navigation
- Do not block the driveway to either the lot or structure

Thank you for helping to ensure the safety of all our children. Slow down, be considerate, be mindful of your parking time and stay safe!

Parent Involvement

The family service program serves a reminder to all that we want you to be a significant part of our school life. Our program offers a variety of ways in which you can offer your

help and share your talents. All families are required to contribute 35 hours per year for the benefit of the school and its programs. Hours will be logged into the Beehively system. Families who wish to “buy out” their family service requirement may do so for \$500. Buy out is due by September 3, 2019.

Volunteer Requirements *See COVID Addendum

Before a person is permitted to volunteer, the person must:

1. Complete Diocesan requirements for fingerprinting. Please contact Sacred Heart Preschool office for information and forms. A person may not volunteer until Sacred Heart Preschool has received information from the Diocese that the person has completed the clearance process.
2. Complete “Virtus” training, a child abuse on-line – link found on the website. Please contact Sacred Heart Preschool office for further information. A person may not volunteer until Sacred Heart Preschool has received the “Virtus” certificate that the training has been completed
3. Provide Sacred Heart Preschool with a current TB test according to state guidelines. Volunteers are required to have a TB test every 4 years.

Field Trips

In consideration of the California child safety seat laws, Sacred Heart Preschool will not sponsor/provide field trips. To enhance the curriculum, teachers may provide for age-appropriate classroom presentations by Directors and Principal approved presenters. With approval, students may take appropriate walking field trips with chaperones. No transportation is provided.

Visiting the classroom *See COVID Addendum

Generally, parents should first check-in with the Preschool office. Sacred Heart Preschool has an open door policy. Parents have the right to enter the building anytime during the preschool hours.

Absences

Please call the Preschool the first day of your child’s absence. In case of prolonged absence, please keep the preschool informed. (831) 240-0889

Uniforms *See COVID Addendum

Children should come in uniform on all school days. Parents will be notified of special free dress days. Uniforms can be purchased at Ace High Designs (400 Salinas Street, Salinas, CA 93901. 831-754-9727)

Girl's Uniforms

Blue jumpers or skorts

Sailor Dress

White blouse with Sacred Heart logo

White, blue, red or gray knit polo shirt (long or short sleeve) with Sacred Heart logo

Navy blue twill pants

Navy blue walking shorts

Navy blue sweatshirts, fleeces, cardigans, vest, or jackets with Sacred Heart School logo

Socks white/blue socks

Tights solid white/navy blue

Boy's Uniforms

Navy blue cords or twill pants

Navy blue walking shorts

White, blue, red or gray knit polo shirts with Sacred Heart logo

Navy blue sweatshirts, fleeces, cardigans, or jackets with Sacred Heart logo

Socks white, blue, or black

Preschoolers are asked to wear closed toe shoes that are solid red, black, brown, gray (no sparkle), navy, or white. (NO SANDALS)

Hair and Jewelry

Hair is required to be neat, clean, of the student's natural color, free from highlights or dyes, and away from a student's face and eyes. Boy's hair must be kept cut at all times. Boy's hair may not extend below the top of a normal shirt collar nor below the top of the ear or the top of the eyebrow. No extreme hairstyles are allowed.

Because jewelry pieces can be used dangerously and are very apt to get lost, no jewelry other than the simplest stud earrings for girls may be worn.

Birthdays *See COVID Addendum

Birthdays are wonderful events for preschool children. We will celebrate your child's birthday with a special crown and song. You may also send in a birthday treat for your child's class. Due to allergies and dietary needs, we request that you communicate with the staff. If your child will be celebrating with an after school party which will not include all his or her classmates, please help your child understand he/she should not be talking about "who is coming to my party" during the school day. Every parent understands that a party for the entire class is seldom ideal in preschool, but no parent wants to see a child's feelings hurt under any circumstances. Please do not ask the preschool staff to hand out party invitations. **We will not allow any balloons, goody bags, etc. to be used to celebrate your child's birthday.**

Napping

After an opportunity to use the restroom and wash up, the children will transition into nap/rest-time. Please provide a favorite blanket for your child to use. Children will be expected to rest quietly from 1:00 pm until 3:00 pm.

Medications (Diocese of Monterey Policy for the preschool)

Whenever possible, parents and physicians should make every effort to schedule medicine doses outside of the school day. In general, all medication must be stored in the preschool office and administered only under a physician's orders with a signed authorization from the parent or guardian. For over-the-counter medication, a physician's order will not be required. However, the medication must be stored in the preschool office and the parent must sign an authorization for the child to receive the medication.

Parents must understand that none of the Catholic Schools has a nurse on duty and that the medication will be administered by non-medically trained school personnel. The Diocese of Monterey encourages parents to come to the school to administer medications if necessary during the school day.

For prescription medication, the physician must specify the medication, dosage, method of administration and schedule for any medication to be administered to a student. Whenever the medication, dosage or dosing schedule changes, the preschool will require a new order from the physician and an authorization signed by the parent or guardian. In any event, the physician's order and parent's authorization must be renewed annually. The preschool will not accept the directions on the medication container label as a substitute for the physician's order.

1. General Procedure

- a.) Medication must be brought to the preschool by the parent or guardian.
- b.) Medication must be brought to the preschool in its original container. If it is Prescription medication, it must be in the container labeled by a licensed pharmacist. If it is over-the counter medication, it must be in its original packaging.
- c.) All medication must be kept in the preschool office and the student must go to the preschool office for the administration of prescription or over-the-counter medication.
- d.) A new form must be signed whenever the medication, dosage, dosing schedule or method of administration changes. The preschool will not accept the container label as a substitute.
- e.) The parent must pick up any unused medication at the end of the preschool year or when the physician's order expires.

Contact the preschool office for the "*Diocese of Monterey – Physician Order and Parental Authorization to Administer Medication*" (form).

2. Procedure for the following Medications

Parents must come to the school to administer the following medications:

Epi-pen

Inhalers

Nebulizers

Diabetic testing/shots

If the parents are unable to come to the school, they must designate in writing an adult who has their permission to come to the school to administer such medication.

Infectious Diseases *See Health in COVID Addendum

If your child becomes ill with any infectious disease, please inform the preschool staff. We in turn, will inform parents about the class exposure to that illness, and will keep your child's identity anonymous.

Injuries

If a child receives a minor injury at school, First Aid will be administered. In case of a serious injury, 911 will be called, and parents will be notified immediately. If parent(s) cannot be reached, the child's physician or dentist, as listed on the "Consent for Medical Treatment" form, will be called for counsel regarding the next step in treatment.

Health and Safety Policy *See Health COVID Addendum

The Health and Safety of all students is a prime concern of both teachers and parents. Your cooperation with the preschool's policies will help protect the wellbeing of all students. Staff members will screen all children upon arrival to the preschool for illness.

Please keep your child home for a full 24 hours after he or she has experienced any of the following:

Fever

Vomiting

Intestinal disorder

Strep Throat and Scarlet Fever

Earache, Severe Headache, Sore Throat

Chronic Cough

If a child becomes ill or develops any of the symptoms listed above during class, he or she will be isolated, and you will be contacted immediately and be required to pick up your child. Please have a back-up plan in mind if you are a working parent, as sick children need to be picked up promptly. Under no circumstances will we be able to release your child to someone unless we have the parent's written permission.

Parking Permits

In our constant effort to keep our students safe on campus, each family will be issued 2 numbered parking permits which must be displayed on any car parked in the Preschool parking lot. Additional parking permits may be requested.

On the last day of school all parking permits (issued and rented) will be collected. There will be a \$15 charge for permits that are lost or damaged.

Lunches *See COVID Addendum

Children who are full day should bring their own labeled lunch with a healthy drink each day. Lunches should only include healthy, nutritious foods. Please avoid any sugary sweets, especially candy, and difficult to swallow foods.

Snacks

Nutritious morning and afternoon snacks will be provided each day. A monthly snack menu will be posted on the parent bulletin board. If your child has allergies to certain foods, please make sure that you note these on the "Health History Form," and speak to the teachers directly about allergy.

Toys

Because the children are encouraged to explore classroom materials, please see that toys are kept at home. Children may only bring a share item on their share day.

Riding Bicycles or Scooters on School/Diocesan Property

Tricycles and scooters may be ridden on school/diocesan property only as part of the Preschool Program.

a) Students are required to wear properly fitted and fastened cycle helmets that meet the standards set by California law.

b) Only one student shall ride a tricycle/scooter at a time; no student is allowed to be a cycle/scooter passenger of another student.

Communications

Good communications between families and the school facilitate your child's success at Preschool. It is vital that the preschool be informed of any major changes in your child's life, such as a grandparent's illness, a death in the family, a new pet or the loss or death of a pet, a change in parental working hours, etc. The faculty seeks to support your preschooler, and we are best able to do this when we know what your child is encountering. Beehively will be the school/home communication system. Please be sure to read messages sent from the school. Often these messages may not pertain to preschool, but we feel it is important to be well informed. You will receive login information.

Daily Contact *See COVID Addendum

It is the most reliable method of communication between parents and teachers. Teachers are always willing to share information and often amusing stories of your child's day at the Preschool. Whenever children are in the playground, the teachers' main responsibility is to supervise the children. It is **NEVER** a time for socializing or for mini-conferences with parents.

Formal Parent / Teacher Conferences *See COVID Addendum

Held annually in February, it is an opportunity to exchange ideas and information about your child to ensure a successful and productive preschool experience.

Discipline Policies

Sacred Heart Preschool uses redirection when a child is having a hard time in an area. We also use conflict resolution when children are having conflict with each other. Parents will be kept informed of conflict their child is having through teacher contact or parent conference with Teacher, Directors, and Principal. Under no circumstance is Corporal Punishment allowed. The child will be dismissed if we are unable to meet the needs of the child.

Diocese of Monterey Protocol for Concern

When a student is accepted into a Catholic school, the family of the student is also accepted into the school community. In order to promote a positive home and school relationship for the benefit of the students, the Diocese has established a protocol for concerns that is reflective of the canonical structure of a Catholic school. Because concerns are best resolved at the school level, parents should speak about their concerns with the following personnel in this order:

1. Preschool Teacher
2. Preschool Directors – if the parents feel the situation has not been satisfactorily resolved after speaking with the Teacher
3. Principal of Sacred Heart School – if the parents feel the situation has not been satisfactorily resolved after speaking with the Director
4. Pastor of Sacred Heart Church – if the parents feel the situation has not been satisfactorily resolved after speaking with the Principal
5. Superintendent – if the parent feels the situation has not been satisfactorily resolved after speaking with all of the above individuals, and following their recommendations.

COPY OF NOTIFICATION OF PARENT'S RIGHTS AND PERSONAL RIGHTS

The original signed copies are kept in your child's file. These serve as your copies.

Notification of Parent's Rights; Child Care Facilities

As a parent/Authorized Representative, you have the right to:

1. Enter and inspect the child care center without advance notice whenever children are in care.
2. File a complaint against the licenses with the licensing office and review the licensee's public file kept by the licensing office.
3. Review, at the child care center, reports of licensing visits and substantiated complaints against the licensee made during the last three years.
4. Complain to the licensing office and inspect the child care center without discrimination or retaliation against you or your child
5. Request in writing that a parent not be allowed to visit your child or take your child from the child care center provided you have shown a certified copy of a court order.
6. Receive from the licensee the name, address and telephone # of the local licensing office.

Licensing Office Name: Community Care Licensing

Licensing Office Address: 2580 N. First Street #300, San Jose, CA 95131

Licensing Office Telephone #: (408) 324-2148

7. Be informed by the licensee, upon request, of the name and type of association to the child care center for any adult who has been granted a criminal record exemption, and that the name of the person may also be obtained by contacting the local licensing office.
8. Receive, from the licensee, the Caregiver Background Check Process form
Note: California state law provides that the licensee may deny access to the child care center to a parent/authorized representative if the behavior of the parent/authorized representative poses a risk to the children in care.

Personal Rights; Child Care Facilities; State Of California – Health and Welfare Agency

Personal Rights, see section 101223 for waiver conditions applicable to Child Care Centers. Child Care Facilities.

1. Each child receiving services from a child care facility shall have rights, which include, but are not limited to, the following:

2. To be accorded dignity in his/her personal relationships with staff and other persons.
3. To be accorded safe, healthful and comfortable accommodations, furnishings and equipment to meet his/her needs.
4. To be free from corporal or unusual punishment, infliction of pain, humiliation, intimidation, ridicule, coercion, threat, mental abuse, or other actions of punitive nature, including but not limited to: interference with daily living functions, including eating, sleeping, toileting; or withholding of shelter, clothing medication or aids to physical functioning.
5. To be informed, and to have his/her authorized representative, if any, informed by the licensee of the provisions of law regarding complaints including, but not limited to, the address and telephone number of the complaint receiving unit of the licensing agency and of information regarding confidentiality.
6. To be free to attend religious services or activities of his/her choice and to have visits from the spiritual advisor of his/her choice. Attendance at religious service, either in or outside the facility, shall be on a completely voluntary basis. In child care facilities, decisions concerning attendance at religious service or visits from spiritual advisors shall be made by the parent(s) or guardian(s) of the child.
7. Not to be locked in any room, building, or facility premises day or night.
8. Not to be placed in any restraining device, except a supportive restraint approved in advance by the licensing agency. The representative/Parent/Guardian has the right to be informed of the appropriate licensing agency to contact regarding complaints, which is:

Department of Social Services, Community Licensing
2580 N. First Street #300
San Jose, Ca 95131
(408) 324-2148

EARTHQUAKE/DISASTER INFORMATION

We provide drills to prepare our children for disaster situations including fires, earthquakes or intruders. Each child is required to have an emergency food supply packet to be stored at the Preschool. We hope we will never have to use these provisions, but if we do we will all be thankful that we were prepared in advance. All food packets will be donated to the Monterey County Food Bank at the end of the year. We will remove all personal items before donating to return to the family (i.e. picture, letter, etc.)

Emergency Food Packet

Please place your child's food in a 1-gallon zip lock bag with his/her name printed on the outside. Storage space permits only one-gallon size bag per child. Also include any medication (with instructions) that your child would require in a 48-hour period and extra eyeglasses. A comforting note or picture to your child may also be included.

Foods to avoid:

Foods that need heating or water added
Foods that are salty (e.g. potato chips)
Foods in jars
Foods that your child will NOT eat

Recommended Foods:

Protein:

Canned Tuna (packed in water) or Meat **
(Vienna Sausage Canned Chicken, etc.)
Package of processed cheese (Velveeta, etc.)

Fruit:

Canned fruit **
Dried fruit (i.e., Raisins, Apricots, etc.)
Fruit cocktail **
Prunes (unsulfured)
Applesauce
Fruit sticks

Snacks:

Graham Crackers (small package)
Small package of other crackers (unsalted)
Granola Bars
Canned Pudding **

Beverage:

Box / can of fruit juice

Utensils:

Plastic forks and spoons, as needed

**** Cans should have pull-top lids or be easy to open.**

It is our primary function to keep your child safe and comfortable. Please feel free to contact us with any questions or concerns.