

LONE MOUNTAIN CHILDREN'S CENTER

SUMMER CAMP 2022

Welcome to Lone Mountain Summer Camp!

We are offering Summer Camp in each of our two Presidio buildings this summer. In Building 1806 the six summer camp sessions will meet each weekday from 9:00 to 1:00, with mixed ages of children. In Building 1805, (the Pre-K classroom), sessions will meet from 8:30 to 12:30 each weekday, also with mixed ages.

You are welcome to enroll for any combination of the twelve sessions that fit with your summer plans and preference for time and theme. Attached is a brief description of the themes for each of the sessions.

Each week of camp is designed around a fun child-centered theme, with a maximum of 30 children led by four of the current Lone Mountain teachers. The cost is \$425.00 per week. Children carry their lunch to school and we provide a snack. (Please note there will be no camp the week of July 4 to 8.)

Our Summer Camp sessions are open to both currently enrolled children, as well as children not currently enrolled. To be eligible a child must be three by March 31st, 2022, have had some prior preschool experience, and not be in diapers or pull-ups.

You may enroll your child for any of the sessions offered. Please check off the weeks you'd like on the enrollment form, and return the form with your check. (Once you've submitted your form you should assume your child is enrolled in the sessions you've selected.) In May we will send formal confirmation and additional information, including drop-off and pick-up procedures, via email.

For families new to Lone Mountain we ask that you please email us at admin@lonemountain.org to arrange a short visit with your child prior to enrolling.

Should your summer plans change we are happy to switch weeks (depending on availability). If you need to cancel we will refund the fee (minus a \$25 cancellation fee for each session) if we are notified by June 1st.

(We will adhere to whatever Covid protocols of the San Francisco Health Department are in place during the Summer Camp weeks.)

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SUMMER CAMP 2022

(KEEP THIS PAGE FOR YOUR RECORDS)

Building 1805 (the Pre-K classroom) from 8:30 to 12:30 daily:

| | | | |
|------------|-----|--------------------|--|
| Session 1A | ___ | June 13 to June 17 | THE FUNDAMENTALS OF SPORTS |
| Session 2A | ___ | June 20 to June 24 | EXPLORING ARCHITECTURE THROUGH FORT BUILDING |
| Session 3A | ___ | June 27 to July 1 | MYTHS, MONSTERS AND THE HERO'S JOURNEY |
| Session 4A | ___ | July 11 to July 15 | INVENTOR'S WORKSHOP |
| Session 5A | ___ | July 18 to July 22 | LET'S MAKE A MEAL! |
| Session 6A | ___ | July 25 to July 29 | DEADLY CREATURES |

Building 1806 from 9:00 to 1:00 daily:

| | | | |
|------------|-----|--------------------|--|
| Session 1B | ___ | June 13 to June 17 | LET'S PUT ON PLAY! |
| Session 2B | ___ | June 20 to June 24 | PIRATES , MERMAIDS & ADVENTURES ON THE SEA |
| Session 3B | ___ | June 27 to July 1 | CAMPING IN THE PRESIDIO |
| Session 4B | ___ | July 11 to July 15 | COOKING FROM AROUND THE WORLD |
| Session 5B | ___ | July 18 to July 22 | ADVENTURES WITH FANTASTICAL CREATURES |
| Session 6B | ___ | July 25 to July 29 | FUN WITH ART & SCIENCE |

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ENROLLMENT FORM

Please return this form with your check to:

Lone Mountain Children's Center
1806 Belles Street
San Francisco, CA 94129

Your Child's Name: _____

Your Email: _____

| | | |
|------------|-------|-------|
| Session 1A | \$425 | _____ |
| Session 2A | \$425 | _____ |
| Session 3A | \$425 | _____ |
| Session 4A | \$425 | _____ |
| Session 5A | \$425 | _____ |
| Session 6A | \$425 | _____ |

| | | |
|------------|-------|-------|
| Session 1B | \$425 | _____ |
| Session 2B | \$425 | _____ |
| Session 3B | \$425 | _____ |
| Session 4B | \$425 | _____ |
| Session 5B | \$425 | _____ |
| Session 6B | \$425 | _____ |

TOTAL _____

DESCRIPTIONS OF THE LONE MOUNTAIN SUMMER CAMP WEEKS IN BUILDING 1805, FROM 8:30 TO 12:30 EACH DAY

1A THE FUNDAMENTALS OF SPORTS. This week will be dedicated to learning new games and sports, and practicing some basic ball skills. We will focus on teamwork, sportsmanship, and having a good time! The children will create team names, jerseys, and more. Each day will focus on a different game, specific sport, or skill, with an emphasis on cooperation and having fun. The week will end with a “Field Day” in the park-like field across from our school, including awards, snacks, and more games.

2A EXPLORING ARCHITECTURE THROUGH FORT BUILDING. Combining hands on building with lessons on architecture and construction techniques, we will transform indoor and outdoor areas into elaborate forts. We’ll use a wide range of materials including mats, cardboard boxes, tape and tubes. We’ll also take a couple of hikes in the nearby Presidio to build forts using natural materials such as sticks, bark and leaves. Get ready for some fort building fun!!!

3A MYTHS, MONSTERS AND THE HERO’S JOURNEY. From Hydras to fox spirits, dragons and krakens, this camp explores the fascinating world of monsters and myths. We will discuss what makes a hero, and why people have found monsters so compelling throughout the ages. Storytelling, music, movement and art projects will all come together this week culminating in a final activity where the children will create a monster or hero of their own. Join us on this exciting hero’s journey and search for monsters!

4A INVENTOR’S WORKSHOP. This camp will explore invention, innovation, perseverance, and what’s required to be an inventor. Through a variety of STEM focused projects we will do some inventing of our own, both as a group and individually. From the wheel to computers, campers will learn all about some of the technologies that changed the course of human history. We will also explore some more whimsical inventions such as Rube Goldberg machines and amphibious bicycles!

5A LET’S MAKE A MEAL! This week will be dedicated to exploring what it takes to make a meal. We’ll learn some different cooking techniques and discuss some essential kitchen tools. We’ll investigate the science behind cooking, and most importantly make some delicious foods! Each day will have an emphasis on a different part of a meal (appetizers, soups, entrees and desserts) with a corresponding cooking activity. This is a fun way for all your budding chefs to try their hand at cooking, as well as provide an opportunity to test out new foods.

6A DEADLY CREATURES. What do Brazilian wandering spiders, box jellyfish and inland taipan snakes all have in common? These creatures possess some of the most toxic venom in the world! In this camp we will learn all about these and many other venomous and poisonous creatures. We will take a close look at the habitats, physical characteristics, prey and behaviors of these animals, insects, and arachnids. We’ll offer art projects, music, games to learn about these fascinating and deadly creatures.

DESCRIPTIONS OF THE LONE MOUNTAIN SUMMER CAMP WEEKS IN BUILDING 1806, FROM 9:00 TO 1:00 EACH DAY

1B LET'S PUT ON PLAY! The children will put on a short performance for their camp mates based on the classic story "The Little Red Hen." We will develop performance skills by introducing improv games that build teamwork, and focus and stretch the imagination. We will practice physically embodying characters and acting out stories. We will also explore all of the behind the scenes work that it takes to put on a production, including set design, costumes, sound and light. We will make puppets, costumes, and props, paint a backdrop, play dress-up, and perform for each other. Guaranteed fun!

2B PIRATES, MERMAIDS & ADVENTURES ON THE SEA. Ahoy Mateys! Get ready to learn all about pirates, both fictional and real. Campers will pick pirate names and make all the things any good pirate requires: a treasure map, treasure chest, pirate hat, and eye patch. We will read pirate stories, "walk the plank" during a pirate themed obstacle course, and sing some sea shanties. The week will wrap up with a sea-themed celebration including a special ocean snack and dance party!

3B CAMPING IN THE PRESIDIO. During this week we will experience what it would be like to camp out in the Presidio! We'll play in tents, eat camp foods like s'mores, and learn about some of the animals who make this national park their home including raccoons, gophers, coyotes, and hawks. Each day will be filled with fun projects related to camping and the wildlife we might encounter. Our week will conclude with a "camp out" on the field across from our campus, eating a special snack and playing camping games.

4B COOKING FROM AROUND THE WORLD. This week we will become world travelers through cuisine! Each day we'll focus on a different country and learn a bit about its culture, language and traditional foods. The children will be actively involved each day in preparing their own lunches. Our hope is that the children will be more inclined to eat what might be unfamiliar foods when they are involved in the preparation process. This will be a fun week for all your budding chefs to try their hand at cooking, as well provide an opportunity to try new foods.

5B ADVENTURES WITH FANTASTICAL CREATURES. Fantastical creatures ignite the imagination of many a preschooler! This week we will explore unicorns, mermaids, dragons, gnomes and fairies. We will study the origins of these creatures, and read some current storybooks that feature them. We'll create costume pieces and projects like unicorn horns, mermaid tails, and powerful dragons. We'll write a couple of fantasy stories as a group, inspired by all that we have studied.

6B FUN WITH ART & SCIENCE. In this camp we will explore the interplay between science and art. As the children manipulate art materials and participate in sensory experiences, we will explain the science behind the art. We will reference the scientific method, experiment and make observations, all while having fun! Some of the materials we will use include bubbles, color mixing with paint, baking soda and vinegar, oil and watercolor paint, sun print paper, clay and water, and much more!