

Our Lady of Mount Carmel Church

300 Fulton Street • Redwood City, CA 94062

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The Fourteenth Sunday of Ordinary Time ~ July 05, 2020

Parish Center Hours

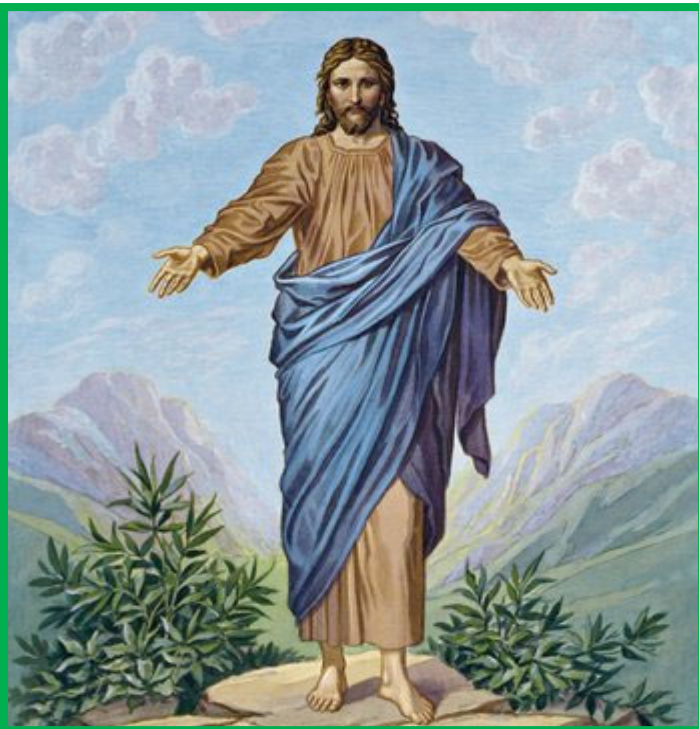
Monday to Friday: 9:00 a.m. to 3:00 p.m.

Parish Phones

Parish Center Office: (650) 366-3802
Pastor's Office: (650) 306-9583
Religious Education Office: (650) 368-8237
Mt. Carmel School Office: (650) 366-6127
Mt. Carmel PreSchool: (650) 366-6587

Parish Staff

Pastor: Msgr. Romulo Vergara
Parochial Vicar: Rev. Mr. Ian Quito
Deacon: Rev. Mr. Thomas J. Boyle
Principal: Dr. Deborah Farrington
Administrative Assistant: Ivette Meléndez
Director of Religious Ed.: Magdalena Hernández
Director of Music: Bianca Remlinger
PreSchool Director: Maureen Arnott



Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls.
(Matthew 11:29)

Mass Schedule

Sunday: 8:00 am, 10:00 am, 12:00 pm (Español), and 5 pm

Saturday: 8:15 am and 5:00 pm Vigil Mass

Monday to Friday 8:15 am

Reconciliation/Confession Saturday 3:30 -4:30 pm

Baptisms / Bautismos

Call parish at least two months in advance.

Llame a la parroquia a lo menos dos meses antes.

Weddings / Bodas

Call parish at least six months in advance.

Llame a la parroquia a lo menos seis meses antes.

Mission Statement

Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.

From the time of Jesus up to the present, people of the Holy Land have used the greeting 'Shalom' (or 'Peace be with you') as a blessing. The meaning is: 'May you be fulfilled or satisfied.' In other words, peace is certainly not just the absence of war or conflict; peace is a condition in which nothing is lacking for us; peace is a state of perfect well-being.

In order to show us what peace really is, our Lord Jesus Christ entered this world of sin and suffering and became like one of us. Of course he remained God, the Second Person of the Blessed Trinity, but in becoming human, Jesus made visible for us the possibility of interior harmony; he opened for us a personal pathway to God's kingdom of peace and happiness beyond anything we can now imagine, and beyond anything this present world can ever offer. Jesus, in fact, showed us in himself a complete human being, the ideal person in whom the spirit is not constantly at war with the flesh. We see how Jesus exemplified this throughout his ministry, particularly in his healings and in his exorcisms. When the afflicted approached Jesus in faith – because they could somehow see the power and the divinity flowing from him – they inevitably asked to be given relief from whatever it was that ailed them. Jesus then laid hands on them, or he spoke certain words, or he merely sent them on their way, but they always found that they were cured of their infirmities or freed from the demons that possessed them. And the important thing for us is this: that Jesus constantly insisted that we could be like him. If we followed him in faith through this life and into the next, he would give us his Spirit and we would be reborn, no longer subject to the mortal body with its demands and weaknesses, but instead part of Christ's mystical body with a share in his eternal life. That is what St. Paul says to the newly converted pagans in the reading this Sunday from a letter to the Romans: "If the Spirit of the one who raised Jesus from the dead dwells in you, then the one who raised Christ from the dead will also give life to your mortal bodies, through God's Spirit dwelling in you." This, of course, is the true peace, and the true happiness, and the true power that Jesus referred to – far greater than any power that we could gain through military strength or material prosperity or any other temporary benefit, however good those might be. Peace comes through Jesus Christ and surpasses all human thought. Peace is communion with God, and Jesus is the bond of communion, the link, between our world and the celestial world to come.

Fr. Ulysses

Pastor's Note



Desde el tiempo de Jesús y hasta ahora, la gente de la Tierra Santa ha usado el saludo 'Shalom' (o 'La paz esté con ustedes') como una bendición. El significado es: "Que se cumpla o se satisfaga." En otras palabras, la paz no es solo la ausencia de guerra o conflicto; La paz es una condición en la cual nada nos falta; La paz es un estado de perfecto bienestar. Para mostrarnos lo que realmente es la paz, nuestro Señor Jesucristo entró en este mundo de pecado y sufrimiento y se hizo como uno de nosotros. Por supuesto, él siguió siendo Dios, la segunda persona de la Santísima Trinidad,

pero al hacerse humano, Jesús hizo visible para nosotros la posibilidad de la armonía interior; Nos abrió un camino personal al reino de paz y felicidad más allá de todo lo que ahora podemos imaginar, y más allá de cualquier cosa que este mundo presente nos pueda ofrecer. Jesús, de hecho, nos mostró en sí mismo un ser humano completo, la persona ideal en la que el espíritu no está constantemente en guerra con la carne. Vemos como Jesús lo ejemplificó esto a lo largo de su ministerio, particularmente en sus sanaciones y en sus exorcismos. Cuando los afligidos se acercaron a Jesús con fe - porque de alguna manera podían ver el poder y la divinidad que fluía de él - pedían que les diera alivio de lo que les molestaba. Jesús entonces puso las manos sobre ellos, o pronunció ciertas palabras, o simplemente los envió en su camino, pero siempre encontraron que estaban curados de sus debilidades o liberados de los demonios que

los poseían. Lo importante para nosotros es esto: Jesús constantemente insistió que pudiéramos ser como él. Si le siguiéramos con fe por lo largo de esta vida y hacia la siguiente, él nos daría su Espíritu y nosotros renaceríamos, pero ya no sujetos al cuerpo mortal con sus demandas y debilidades, sino como parte del cuerpo místico de Cristo con una participación en Su vida eterna. Eso es lo que san Pablo dice a los paganos recién convertidos en la lectura de la carta a los romanos que oímos en la misa de este domingo: "Si el Espíritu de aquel que resucitó a Jesús de entre los muertos mora en ustedes, entonces Él que resucitó a Cristo de entre los muertos también dará vida a sus cuerpos mortales, por medio del Espíritu de Dios que habita en ustedes". Esto, por supuesto, es la verdadera paz, la verdadera felicidad y el verdadero poder - mucho mayor que cualquier poder que podamos ganar a través de la fortaleza militar o la prosperidad material o cualquier otro beneficio temporal, por muy bueno que sean. La paz viene a través de Jesucristo y sobrepasa todo pensamiento humano. La paz es comunión con Dios, y Jesús es el vínculo de comunión, el vínculo entre nuestro mundo terrenal y el mundo celestial por venir. **Padre Ulises**

TODAY'S SECOND COLLECTION

is for our Parish Facilities.

This collection helps us to maintain our church and other parish facilities in good condition, to do the repairs and upgrades that are needed, and to cover the gardening needs of the Parish.



Next Week's Second Collection will be for our Religious Education Program.

Our Lady of Mount Carmel

Registration Form

The following confidential information will be entered in our parish data system. It is only for the purpose of knowing and serving you better.

Name (s): _____

Address: _____

City: _____ **zip:** _____

Telephone: _____

e-mail: _____

Others in your household: _____

Number of adults over 18 years of age: _____

Number of children under 18 years of age: _____

THE 2020 ARCHDIOCESAN ANNUAL APPEAL.



Our assessment for this year is **\$78,484**, or 20% of our last year's income.

To date, we have received **\$56,250**.

Please consider what you might do to help us meet our obligation by the end of the year. *Thank you very much!*

ELECTRONIC DONATIONS

VANCOPAYMENTS.COM is an agency created to facilitate the process of donations, if you wish to make your donations to the Church electronically or by Credit Card, please see our website, **www.mountcarmel.org** press **Donate** and follow the easy instructions. **Thank You**, God reward your generosity.



Sunday Mass is live-streamed
at <https://olmc.cc>

10:00 A.M. MASS IN ENGLISH

12:00 P.M. MISA EN ESPAÑOL

MASS INTENTIONS

Saturday, July 04, 2020

5:00 PM Sandra Bourdet †

Sunday, July 05, 2020

8:00 AM Sandra Bourdet †

10:00 AM Felicita Rivera †

12:00 PM Josefina Alvarez †

5:00 PM Pro-Populo

Monday, July 06, 2020

8:15 AM John McGovern †

Tuesday, July 07, 2020

8:15 AM Cathy Magness (b'day)

Wednesday, July 08, 2020

8:15 AM Ramon Castillo †

Thursday, July 09, 2020

8:15 AM Tim Norman †

Friday, July 10, 2020

8:15 AM Ray Torres †

Saturday, July 11, 2020

8:15 AM Jose Rodriguez †

Daily Mass at Mount Carmel Church

Monday to Saturday at 8:15 a.m.

We have now reopened our church for in-person daily Mass. Parishioners will be expected to follow safety protocols, wearing face coverings, using hand sanitizer, and observing social distancing. A waiver form will be provided which must be signed.

Please note that **the restroom will not be open and available.**



Saints and Special Observances

Sunday: Fourteenth Sunday of Ordinary Time

Monday : Saint Maria Goretti, Virgin & Martyr

Tuesday: of the 14th Week of Ordinary Time

Wednesday: of the 14th Week of Ordinary Time

Thursday: St. Augustine Zhao Rong & Companion

Friday: of the 14th Week of Ordinary Time

Saturday: Saint Benedict



**St. Augustine Zhao Rong
& 119 Companions**
The Martyr Saints of China:
Memorial - 9 July

OUR LADY OF MT. CARMEL

#919128

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SPECIAL INSTRUCTIONS