

Our Lady of Mount Carmel Church

300 Fulton Street ▪ Redwood City, CA 94062

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The Most Holy Body and Blood of Christ June 23, 2019



Parish Phones

Parish Center Office: (650) 366-3802
Pastor's Office: (650) 306-9583
Religious Education Office: (650) 368-8237
Mt. Carmel School Office: (650) 366-6127
Mt. Carmel Pre-School: (650) 366-6587

Parish Staff

Pastor: Rev. Ulysses D'Aquila
Deacon: Rev. Mr. Thomas J. Boyle
Principal: Dr. Deborah Farrington
Administrative Assistant: Ivette Meléndez
Director of Religious Ed.: Magdalena Hernández
Youth Confirmation: Judy Draper
Director of Music: Bianca Remlinger
Pre-School Director: Maureen Arnott

Mass Schedule

Sunday: 8:00 am, 10:00 am, 12:00 pm (Español), and 5 pm
Saturday: 8:15 am and 5:00 pm Vigil Mass
Monday to Friday 8:15 am
Reconciliation/Confession Saturday 3:30 -4:30 pm

Baptisms / Bautismos

Call parish at least two months in advance.
Llame a la parroquia a lo menos dos meses antes.

Weddings / Bodas

Call parish at least six months in advance.
Llame a la parroquia a lo menos seis meses antes.

Mission Statement

Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.

Notes from the Pastor

The Feast we celebrate this Sunday as the Most Holy Body and Blood of Christ was for many centuries known by its simpler Latin name, Corpus Christi. The celebration of this day always referred to the Eucharistic presence of our Lord Jesus who had incarnated in human form and then given over his Body and Blood for the salvation of the world. As the Roman calendar of feasts was revised following the Second Vatican Council, it was decided that, particularly in the newly-approved use of living languages in the Mass, it would be a good idea to rename this particular celebration "The Most Holy Body and Blood of Christ." This change coincided with the Vatican's approval of 'communion under both kinds' - the offering of both the communion cup, the consecrated wine, or more accurately the precious Blood of Christ along with the consecrated bread, the Body of Christ, to the whole congregation. The practice of receiving the cup had virtually disappeared during the Middle Ages. Indeed, for many centuries, receiving holy Communion became a rare event for most Catholics. This is fortunately no longer the case. Now frequent Communion is common among practicing Catholics and our understanding of the meaning of Eucharist has greatly expanded particularly during the papacy of John Paul II who wrote an important Encyclical, "On the Eucharist in its Relationship to the Church," and then declared a year of the Eucharist. There has been a consequent revival of Eucharistic Adoration and Holy Hour in many parishes. This renewed enthusiasm for the Eucharist accompanies a far deeper theology of the body, a spirituality that really values our humanity and that respects the relationship between the physical and the spiritual. After all, Christian faith begins with the mystery of God-made-flesh. From this central tenet of our religion should flow an affirmation of the sacredness of the human body, a need to protect life in all its forms, a rejection of everything which offends against human dignity, and a treasuring of the earth and its resources. The God who assumed humanity in the person of Jesus Christ continues to do so within the Church which is the Body of Christ. This is what we mean by the Real Presence in our Eucharistic celebrations: that God is truly there among us when we gather in His name. God is there in the sacred word we proclaim from the Bible; God is alive in every person in the assembly; he is there in his ordained ministers who act *in persona Christi*; and God becomes vividly present within the consecrated bread and wine we receive at Communion. When we partake of the Body and Precious Blood of Christ, we become Christ and Christ us, and in that way we are incorporated into the unity and wholeness that Christ represents. **Fr. Ulysses**



Notas del Párroco

La fiesta que celebramos este domingo, El Cuerpo y la Sangre de Cristo, fue durante muchos siglos conocida por su nombre en latín, Corpus Christi. La celebración de este día siempre se

refirió a la presencia eucarística del Señor Jesús que se había encarnado en forma humana y luego entregó su cuerpo y la sangre para la salvación del mundo. Al revisar el calendario romano de fiestas después del Concilio Vaticano II, se decidió que, sobre todo en el uso recientemente aprobado de lenguas vivas en la misa, sería una buena idea

cambiar el nombre de esta celebración. Este cambio coincidió con la aprobación del Vaticano de "comunión bajo las dos especies" - el Cuerpo y también la preciosa Sangre de Cristo - para toda la congregación. La práctica de recibir la copa había desaparecido durante la Edad Media. De hecho, durante muchos siglos, recibir comunión era un evento raro para la mayoría de los católicos. Afortunadamente, esta situación ya ha cambiado. Ahora la comunión frecuente es común entre los católicos practicantes, y nuestra comprensión del significado de la Eucaristía ha ampliado en gran medida, en particular durante el papado de Juan Pablo II, quien escribió una encíclica importante, "Sobre la Eucaristía en su relación con la Iglesia." Luego, el Papa declaró un año de la Eucaristía. Con este cambio, vino también una renovación de la Adoración Eucarística y la Hora Santa en muchas parroquias. Este renovado entusiasmo por la Eucaristía acompaña una teología del cuerpo mucho más profundo, una espiritualidad que realmente valora nuestra humanidad y que respeta la relación entre lo físico y lo espiritual. Después de todo, la fe cristiana comienza con el misterio de Dios-hecho-carne. De este principio central de nuestra religión debe fluir una afirmación de la santidad del cuerpo humano, la necesidad de proteger la vida en todas sus formas, un rechazo de todo lo que ofende a la dignidad humana, y un nuevo respeto para la tierra y sus recursos. Nuestro Dios que asumió la humanidad en la persona de Jesucristo continúa haciéndolo dentro de la Iglesia que es el Cuerpo de Cristo. Esto es lo que nosotros los católicos entendemos por la "presencia real" en nuestras celebraciones eucarísticas -- que Dios verdaderamente mora entre nosotros cuando nos reunimos en su nombre. Dios está presente en la palabra sagrada que proclamamos de la Biblia; Dios está vivo en cada persona en la asamblea; Dios está presente en sus ministros ordenados cuando actúan *in persona Christi*; y Dios está vivamente presente en el pan y el vino consagrados que recibimos en la santa comunión. Cuando participamos del Cuerpo y la Sangre de Cristo, nos convertimos en Cristo, y él en nosotros. De esa manera estamos incorporados a la unidad y la integridad que Jesucristo representa. **Padre Ulises**

Archdiocesan Annual Appeal 2019



Our assessment for this year is **\$78,542.98**. This Archdiocesan tax supports all those many offices, ministries and charities that individual parishes alone cannot cover. These include the Marriage Tribunal, support of retired priests and nuns, and financial help to our Catholic Schools. To date we have received about **\$42,346**. Please consider what you might do to help us meet our obligation.

Thank you and may God bless you.

Today's Second Collection is for Peter's Pence,

which is an annual collection taken up in Catholic Churches world wide to support the charitable initiatives of the Holy Father, in this case Pope Francis. The Pope will distribute this money to areas in crisis due to civil conflict, natural disasters or severe poverty. As a Universal Church, we believe that the suffering of any part of the Body of Christ calls out for our love, concern and support.



HOMEBOUND MINISTRY

If someone in your family is homebound, lives nearby and is unable to attend Mass, but would like to receive the Eucharist, **please contact Julie O'Leary at (650) 361-8681**. Communion ministers are needed to bring the Eucharist to homebound parishioners. Please call Julie O'Leary if you would like to participate in this worthy ministry.

It's still not too late!

Our Lady of Mount Carmel School is still accepting applications for the 2019-2020 school year.

We are a Roman Catholic faith-based school educating children from Transitional Kindergarten through 8th Grade.

For more information contact our principal, Dr. Deborah Farrington at 650-366-6127 or email: dfarrington@mountcarmel.org.

Open Enrollment

Rosary Makers Group

Our Lady of Mount Carmel Rosary Makers Group meets every Friday from 10:00 a.m. to Noon in the Parish Center. We always welcome new members.



Next Week's Second Collection will be for the Saint Vincent de Paul Society.

ELECTRONIC DONATIONS

VANCO PAYMENTS.COM is an agency created to facilitate the process of donations, if you wish to make your donations to the Church electronically or by Credit Card, please see our website,

www.mountcarmel.org

press **Donate** and follow the easy instructions.

Thank You, God reward your generosity





Mass Intentions for the Week

Saturday, June 22, 2019

5:00 PM Doris Seitz †

Sunday, June 23, 2019

8:00 AM Karen Anderson †

10:00 AM Rico Gozun †

12:00 PM Otoniel and Elvia Arias (Int.)

5:00 PM Pro - Populo

Monday, June 24, 2019

8:15 AM Javier Mendez †

Tuesday, June 25, 2019

8:15 AM Maria Tuyet †

Wednesday, June 26, 2019

8:15 AM Peter Nguyen †

Thursday, June 27, 2019

8:15 AM Ray Torres †

Friday, June 28, 2019

8:15 AM Renee Hewitt †

Saturday, June 29, 2019

8:15 AM Garaman family (Int.)

THIS WEEK AT MT. CARMEL

Monday, June 24, 2019

Grupo Carismático (Mesa Directiva) 7:00 PM Old Chapel

Tuesday, June 25, 2019

Men's Basketball 8:30 PM Large Hall

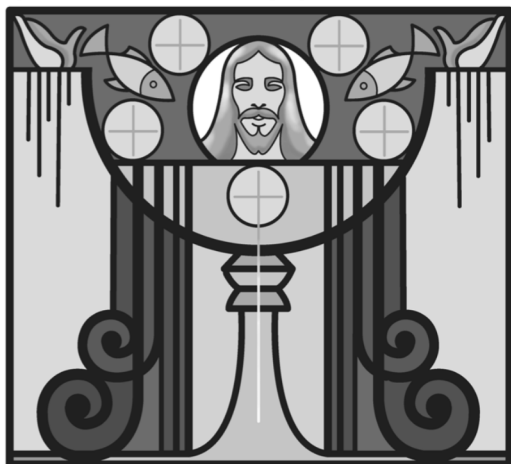
Wednesday, June 26, 2019

Grupo Carismático 7:00 PM Large Hall

Thursday, June 27, 2019

Good Grief 6:00 PM Old Chapel

GIVE THEM SOME FOOD



YOURSELVES

SAINTS AND SPECIAL OBSERVANCES

Sunday: The Most Holy Body and Blood of Christ
Monday: The Nativity of St. John the Baptist
Tuesday: of the Twelfth Week in Ordinary Time
Wednesday: of the Twelfth Week in Ordinary Time
Thursday: St. Cyril of Alexandria
Friday: The Most Sacred Heart of Jesus
Saturday: Ss. Peter and Paul, Apostles



GOOD GRIEF MINISTRY

The loss of every loved one creates many changes, challenges and much pain. "Good Grief", an ongoing support group, meets every Thursday at the Parish Center, from 6:00-7:30 p.m.
We care, We share. Do come.

Welcome Our Lady of Mount Carmel Parish

Registration Form

The following confidential information will be entered in our parish data system. It is only for the purpose of knowing and serving you better.

Name (s): _____

Address: _____

City: _____ zip: _____

Telephone: _____

e-mail: _____

Others in your household: _____

Number of adults over 18 years of age: _____

Number of children under 18 years of age: _____

Would you like a parishioner number in order to register your donations? _____

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SOFTWARE

Microsoft®Publisher 2007

Adobe®Acrobat®X

Window7®

PRINTER

Toshiba e studio 3055c

TRANSMISSION TIME

By 11:00 a.m. On Wednesday

SUNDAY OF PUBLICATION

June 23, 2019

NUMBER OF PAGES SENT

1 through 6

SPECIAL INSTRUCTIONS