

Our Lady of Mount Carmel Church

300 Fulton Street ▪ Redwood City, CA 94062

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Twenty-first Sunday of the Ordinary Time August 25, 2019

Parish Center Hours

Monday - Friday 9:00 a.m. – 3:00 p.m.

Parish Phones

Parish Center Office: (650) 366-3802
Pastor's Office: (650) 306-9583
Religious Education Office: (650) 368-8237
Mt. Carmel School Office: (650) 366-6127
Mt. Carmel Pre-School: (650) 366-6587

Parish Staff

Pastor: Rev. Ulysses D'Aquila
Deacon: Rev. Mr. Thomas J. Boyle
Principal: Dr. Deborah Farrington
Administrative Assistant: Ivette Meléndez
Director of Religious Ed.: Magdalena Hernández
Youth Confirmation: Judy Draper
Director of Music: Bianca Remlinger
Pre-School Director: Maureen Arnott



Mass Schedule

Sunday: 8:00 am, 10:00 am, 12:00 pm (Español), and 5 pm

Saturday: 8:15 am and 5:00 pm Vigil Mass

Monday to Friday 8:15 am

Reconciliation/Confession Saturday 3:30 -4:30 pm

Baptisms / Bautismos

Call parish at least two months in advance.

Llame a la parroquia a lo menos dos meses antes.

Weddings / Bodas

Call parish at least six months in advance.

Llame a la parroquia a lo menos seis meses antes.

Mission Statement

Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.

Notes from the Pastor

During the Olympics last year, I was watching some of the events on television in the evening. I was thrilled to see the grace and athletic ability of the contestants, regardless of which country they represented. At the time, it struck me that there was some unique quality – concentration, willpower, determination – evident in the faces of these young competitors. I think that quality could be summed up in a word that has fallen out of favor: discipline. Discipline, in this case, is the focused desire to achieve a particular goal. It is the capacity to subordinate or control contrary tendencies such as laziness or boredom in order to succeed in the goal one has set for oneself. A similar quality applies to achievement in any sphere of life, including the spiritual. In this Sunday's second reading from the *Letter to the Hebrews*, we're given this word of advice: "My children, do not disdain the discipline of the Lord or lose heart when reproved by him; for whom the Lord loves, he disciplines" Of course, if we think of discipline as a kind of punishment or a negative consequence of doing something wrong, then we will resent and resist discipline. But if, on the other hand, we realize that discipline is a way of placing ourselves under the control of our better selves which is God's will, then we can see the great value of it. The goal of inner peace, in other words, cannot be achieved if we are not willing to do our part. We have to struggle against inertia, sloth, and bad habits: "I seldom feel like praying; I stay up late on Saturday so I can't get up for Mass on Sunday; I don't have time to volunteer; I know my sexual behavior isn't right; I know I gossip too much, but I just can't stop." The truth is that the Lord wants us to have better governance over ourselves. We need to be athletes of the spiritual or moral life if we want the gold medal. And what's the gold medal in this case? It's the deep assurance within ourselves that we are right with God; it's the knowledge and strength that we get when our relationships with others and with our Creator are close and intimate and loving, not tense and stressful. So let's not fail to take the path of self-discipline, to accept whatever trials come our way, just as we accept the good things of our life as part of the whole. This is the spirit of true Christian discipleship. It will serve to build up our souls, to bring us wisdom and understanding, and to make us ever stronger in our faith. The end result will be a more purposeful and fulfilling life here on this earth and a prize in heaven more shining and triumphant than any trophy we could ever win.

Fr. Ulysses



Notas del Párroco

Durante los Juegos Olímpicos el año pasado, estaba viendo algunos de los eventos en la televisión en la tarde. Estaba encantado de ver la gracia y la capacidad atlética de los concursantes, no importa del país que representaban. En ese momento, se me ocurrió que había una calidad especial - concentración, fuerza de voluntad, determinación - evidente en los rostros de estos jóvenes competidores. Creo que la calidad

se podría resumir en una palabra que ha caído en desuso: la disciplina. La disciplina, en este caso, es el deseo enfocado para lograr un objetivo particular. Es la capacidad de subordinar o controlar tendencias contrarias, como la pereza o el aburrimiento con el fin de tener éxito en el objetivo que uno tiene por sí mismo. Una calidad similar se aplica a los logros en cualquier esfera de la vida, incluyendo la espiritual. En la segunda lectura de este domingo de *La Carta a los Hebreos*, se nos da este

consejo: "Hijos míos, no desprecien la disciplina del Señor, ni se desanimen cuando estén reprendidos por él; porque a él que el Señor ama, disciplina. . . ." Por supuesto, si pensamos en la disciplina como una especie de castigo o una consecuencia negativa de hacer algo mal, entonces vamos a resentir y resistir a la disciplina. Pero si, por el contrario, nos damos cuenta de que la disciplina es una forma de ponernos bajo el control de lo mejor de nosotros mismos -- que es la voluntad de Dios -- entonces podemos ver el gran valor de la disciplina. El objetivo de la paz interior, en otras palabras, no se puede lograr si no estamos dispuestos a hacer nuestra parte. Tenemos que luchar contra la inercia, la pereza, y los malos hábitos como: "rara vez siento el deseo de orar; no puedo levantarme temprano para ir a misa el domingo; No tengo tiempo para ser voluntario; yo sé que mi comportamiento sexual no está bien; yo sé que chismeo demasiado, pero no puedo parar." La verdad es que el Señor quiere que tengamos un mejor control sobre nosotros mismos. Tenemos que ser atletas de la vida espiritual o moral si queremos ganar la medalla de oro. Y que es la medalla de oro en este caso? Es la garantía que estamos bien con Dios; es el conocimiento y la fuerza que tenemos cuando nuestras relaciones con los demás y con nuestro Creador están íntimas y amorosas, en vez de tensas y estresantes. Así que no rechacen el camino de la auto-disciplina, a aceptar cualquier prueba que viene en nuestro camino, al igual que aceptamos las cosas buenas de nuestra vida como parte de un todo. Este es el espíritu del verdadero seguimiento y discipulado de Jesucristo. Servirá para construir nuestras almas, para traernos la sabiduría y la comprensión, y para hacernos cada vez más fuertes en nuestra fe. El resultado final será una vida más útil y satisfactoria aquí en la tierra, y un premio en el cielo más brillante y triunfal que cualquier trofeo que podríamos ganar. **Padre Ulises**

Archdiocesan Annual Appeal 2019



Our assessment for this year is **\$78,542.98**. This Archdiocesan tax supports all those many offices, ministries and charities that individual parishes alone cannot cover. These include the Marriage Tribunal, support of retired priests and nuns, and financial help to our Catholic Schools. To date we have received about **\$ 57,946**. Please consider what you might do to help us meet our obligation by the end of the year. **Thank you !**

Today's Second Collection is for our visiting missionary.

Every year the Archdiocese invites missionaries to come and share with us the work of the Gospel that their various communities are accomplishing in the world.

The second collection today will donated to the charitable work which our guest, Fr. Joseph, will describe.

ELECTRONIC DONATIONS

VANCO PAYMENTS.COM is an agency created to facilitate the process of donations, if you wish to make your donations to the Church electronically or by Credit Card, please see our website,

www.mountcarmel.org
press **Donate** and follow the easy instructions.
Thank You, God reward your generosity



Rosary Makers Group

Our Lady of Mount Carmel Rosary Makers Group meets every Friday from 10:00 a.m. to Noon in the Parish Center. We always welcome new members.

Women's Club Invitation

Welcome back to our new season!
A great evening of fellowship with
our Mt. Carmel women.

Wednesday, Sept. 4th

Doors open at 6:30 pm. Dinner served
at 7:00 pm



Dinner, Drinks,
Dessert, Prizes,
Raffle

Women over 21
invited **\$20**

Women's Fellowship

All proceeds to benefit
our Parish

We are now enrolling for all of our Religious Education classes. Our Catechists will be on the porch of the church after the Sunday Masses to give out the registration packets and to answer any questions that the families might have. Our School



Faith Formation Registration

of Religion consists of a two-year First Communion Program for children as young as first grade, a one-year Confirmation program for high school youth, and a one-year program for adults who wish to become Catholic or to complete their sacraments of initiation.

For further information, contact **Magdalena Hernandez, our Director of Religious Education, by email at mhernandez@mountcarmel.org or call (650)368-8237.**

Magdalena's office hours are **Tuesday through Friday from 10 a.m. to 12 p.m. and from 1 p.m. to 5 p.m.**

The second collection next week will be for our Parish Facilities.

St. Francis Center in Redwood City

Seeking volunteer ESL teachers for adult students.
One hour to an hour and a half per day, Mon.—Fri.
Please contact **Tess at the Center at (650) 365-7829** if you're interested.



Mass Intentions for the Week

Saturday, August 24, 2019

5:00 PM Sister Mary Grace Foley †

Sunday, August 25, 2019

8:00 AM Emiliano Prado †

10:00 AM Mary Aldrich †

12:00 PM Francisco Muñoz †

5:00 PM Pro—Populo

Monday, August 26, 2019

8:15 AM Luigi Liberati †

Tuesday, August 27, 2019

8:15 AM Ricardo Meléndez †

Wednesday, August 28, 2019

8:15 AM Jerome O'Leary †

Thursday, August 29, 2019

8:15 AM Josiah Harris †

Friday, August 30, 2019

8:15 AM Mary Ann D'Aquila Appleby (b' day Int.)

Saturday, August 31, 2019

8:15 AM Maria Salome Manuel †

THIS WEEK AT MT. CARMEL

Monday, August 26, 2019

Grupo Carismático (Mesa Directiva) 7:00 PM Old Chapel

Tuesday, August 27, 2019

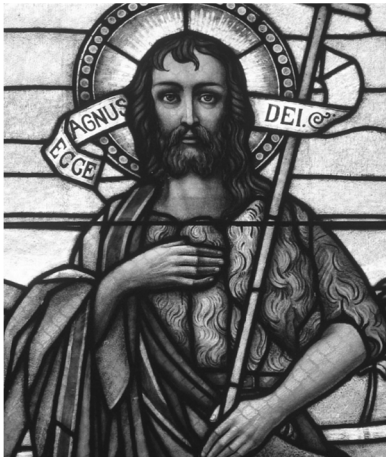
Men's Basketball 8:30 PM Large Hall

Wednesday, August 28, 2019

Grupo Carismático 7:00 PM Large Hall

Thursday, August 29, 2019

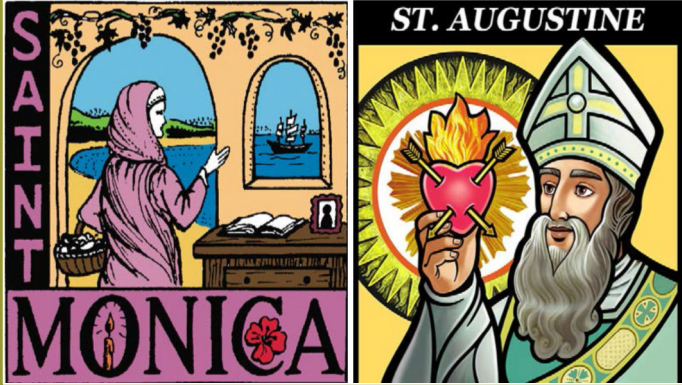
Good Grief 6:00 PM Old Chapel



Celebrating
St John the Baptist

SAINTS AND SPECIAL OBSERVANCES

Sunday: Twenty-first Sunday in Ordinary Time
 Monday: of the Twenty-first Week in Ordinary Time
 Tuesday: St. Monica
 Wednesday: St. Augustine
 Thursday: The Passion of St. John the Baptist
 Friday: of the Twenty-first Week in Ordinary Time
 Saturday: Blessed Virgin Mary



GOOD GRIEF MINISTRY

The loss of every loved one creates many changes,
 challenges and much pain. "Good Grief", an
 ongoing support group, meets every Thursday at the
 Parish Center, **from 6:00-7:30 p.m.**
 We care, We share. Do come.

Welcome Our Lady of Mount Carmel Parish

Registration Form

The following confidential information will be entered
 in our parish data system. It is only for the purpose of
 knowing and serving you better.

Name (s): _____

Address: _____

City: _____ **zip:** _____

Telephone: _____

e-mail: _____

Others in your household: _____

Number of adults over 18 years of age: _____

Number of children under 18 years of age: _____

**Would you like a parishioner number in order
 to register your donations?** _____

OUR LADY OF MT. CARMEL

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