

Our Lady of Mount Carmel Church

300 Fulton Street ▪ Redwood City, CA 94062

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March 01, 2020 ~ The First Sunday of Lent

Parish Center Hours

Monday to Friday: 9:00 a.m. to 3:00 p.m.

Parish Phones

Parish Center Office: (650) 366-3802
Pastor's Office: (650) 306-9583
Religious Education Office: (650) 368-8237
Mt. Carmel School Office: (650) 366-6127
Mt. Carmel Pre-School: (650) 366-6587

Parish Staff

Pastor: Rev. Ulysses D'Aquila
Deacon: Rev. Mr. Thomas J. Boyle
Principal: Dr. Deborah Farrington
Administrative Assistant: Ivette Meléndez
Director of Religious Ed.: Magdalena Hernández
Youth Confirmation: Judy Draper
Director of Music: Bianca Remlinger
Pre-School Director: Maureen Arnott



“At that time Jesus was led by the Spirit into the desert to be tempted by the devil.” Mt. 4



Mass Schedule

Sunday: 8:00 am, 10:00 am, 12:00 pm (Español), and 5 pm

Saturday: 8:15 am and 5:00 pm Vigil Mass

Monday to Friday 8:15 am

Reconciliation/Confession Saturday 3:30 -4:30 pm

Mission Statement

Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.

Notes from the Pastor

Lent is a unique season. In the early days of the Church when there were many adults asking to be received into the Catholic faith through the Sacraments of Initiation – Baptism, Confirmation, and Eucharist – Lent signified the most intense period of their preparation. In addition to learning the Creed, the Catechumens engaged in deep soul-searching through prayer, fasting and penance. This practice then spread to the whole Church with the recognition that all of us, even lifetime Catholics, need to periodically renew ourselves in the faith through a sincere examination of conscience and by committing ourselves to prayer and acts of mercy. The Lenten season, which begins on Ash Wednesday and continues until the evening Mass of the Lord's Supper on Holy Thursday, is the most solemn time of our liturgical year. The color purple is used for the priest's vestments and the various hangings in the sanctuary. Fresh flowers are replaced with dried ones, and the Gloria and Alleluia are no longer sung at Sunday Mass. During Lent, all the readings from the Holy Scriptures, both Old and New Testament, support the basic themes of the season: baptismal preparation, repentance for sin, and self-renewal through prayer and good works. The fasting which is encouraged during Lent refers not only to eating, but to all activities which occupy us more than they should. This is a great time to limit our use of the Internet or television, allowing more scope for introspection and the reading of books that will edify our souls. Even music at Mass is kept to a minimum during Lent; now is not the time for grand gestures or great pomp. Except in emergencies or unusual situations, baptisms, weddings and quinceañeras are not celebrated. We journey through Lent with our focus on God and the inner life. During the other liturgical seasons – Advent, Christmas, Easter and Ordinary Time – we often celebrate major saints' days or feasts of the Blessed Virgin Mary and such solemnities as Christ the King and Corpus Christi. In contrast, the penitential character of the Lenten season is seldom interrupted by other celebrations. The exceptions this year would be the Solemnity of St. Joseph, the Husband of Mary (March 19), and Solemnity of the Annunciation of the Lord celebrated on March 25. This latter feast, logically enough, always occurs nine months before the Nativity of Jesus. These two joyous feast days in the solemn season of Lent remind us of the purpose of all our spiritual discipline in the Church – that is, to become closer to Christ our Savior, to know Jesus as a friend, and to love the One whom the Angel announced and whom Joseph and Mary guarded with such care. *Fr. Ulysses*



Notas del Párroco

La Cuaresma es una temporada única. En la primera época de la Iglesia, cuando había muchos adultos pidiendo ser recibidos en la fe católica a través de los sacramentos de iniciación (bautismo, confirmación y eucaristía), la Cuaresma significó el período más intenso de su preparación. Además de aprender el Credo, los Catecúmenos se dedicaron a una profunda meditación en su vida interior a través de la oración, el ayuno y la penitencia. Esta práctica luego se extendió a toda la Iglesia con el reconocimiento de que todos nosotros, incluso los católicos de toda la vida, necesitamos renovarnos periódicamente en nuestra fe a través de un examen sincero de conciencia y comprometiéndonos a la oración y a los actos de misericordia o caridad. La temporada de Cuaresma, que comienza el Miércoles de Ceniza y continúa hasta la Misa vespertina de la Cena del Señor el Jueves Santo, es el tiempo más solemne de nuestro año litúrgico. El color morado se usa para las vestimentas del sacerdote y los diversos tapices del santuario. Las flores frescas se reemplazan por las secas, y Gloria y Aleluya ya no se cantan en la misa del domingo. Durante la Cuaresma, todas las lecturas de las Sagradas Escrituras, tanto el Antiguo como el Nuevo Testamento, apoyan los temas básicos de la temporada:

preparación bautismal, arrepentimiento por el pecado, y la renovación interior a través de la oración y las buenas obras. El ayuno que se fomenta durante la Cuaresma se refiere no solo a que comemos o no comemos, sino a todas las actividades que nos ocupan más de lo que deberían. Este es un buen tiempo para limitar nuestro uso del internet o la televisión, dando más espacio para la introspección y las cosas que edificarán nuestras almas. Incluso la música en la misa se mantiene al mínimo durante la Cuaresma; ahora no es el momento para grandes gestos o gran pompa. Excepto en emergencias o situaciones inusuales, no se celebran bautizos, bodas y quinceañeras. Viajamos a través de la Cuaresma con nuestro enfoque en Dios y la vida interior. Durante las otras temporadas litúrgicas (Adviento, Navidad, Pascua y Tiempo Ordinario), a menudo celebramos los días de los santos principales o las fiestas de la Santísima Virgen María y solemnidades como Cristo Rey y Corpus Christi. Por el contrario, el carácter penitencial de la temporada de Cuaresma rara vez se ve interrumpido por otras celebraciones. Las excepciones de este año serían la solemnidad de San José, el esposo de María (19 de marzo) y la solemnidad de la Anunciación del Señor celebrada el 25 de marzo. Esta última fiesta, lógicamente, siempre ocurre nueve meses antes de la Natividad de Jesús. Estos dos días festivos durante la solemne temporada de Cuaresma nos recuerdan el propósito de toda nuestra disciplina espiritual, es decir, acercarnos a Cristo nuestro Salvador, conocer a Jesús como un amigo, y amar a Aquel a quien el ángel anunció y a quien José y María cuidaron con tanto amor. *Padre Ulysses*

THE 2020 ARCHDIOCESAN ANNUAL APPEAL.

This year the amount that Our Lady of Mt. Carmel owes is **\$78,484**, or 20% of our last year's income. We received \$5,130 for last Sunday's collection. **Thank you all very much for your generosity.**



MEN'S CLUB

**Thursday March 12 at 6: p.m. ~ Small Hall
Fergal O'Boyle's St. Patrick's Day
Dinner:**

Corned Beef and cabbage; Shepherd's pie; Mashed Potatoes;
Soda Bread; Chocolate Cake; Apple Cake



Our St. Vincent de Paul Society is requesting donations of used **eye glasses** which will be given to the homeless. There will be a basket in the vestibule of the church where they can be put. **Thank you for your help.**

NEW EYES 
glasses for those in need

If someone in your family is homebound, lives nearby and is unable to attend Mass, but would like to receive the Eucharist, please contact **Julie O'Leary** at **(650) 361-8681**. Communion ministers are needed to bring the Eucharist to homebound parishioners. Please call Julie O'Leary if you would like to participate in this worthy ministry.



TODAY'S SECOND COLLECTION IS FOR OUR PARISH FACILITIES.

This collection helps us to maintain our church and other parish facilities in good condition, to do the repairs and upgrades that are needed, and to cover the gardening needs of the Parish.



Next Week's Second Collection will be for our Religious Education Programs.

Women's Club

Come and spend a fun evening with friends!

Wednesday March 4th 6:30 p.m.

(Doors Open 6:30 p.m. – dinner served at 7:00 p.m.)

St. Patrick's Celebration - Hot Potato Bar and Salad Bar

Drinks, Dessert

Raffle, Fun and Door Prizes.

Women over 21 invited. \$20



OLMC Women's Club

Bus Trip to Graton Casino

March 28th 8:00 a.m.

Bus returns at approximately 5:30 p.m.

Reserve your seat. Space is limited.

\$35.00 (rebate credits of \$15 at the casino)

For more information:

Tina Peterson (650) 400-0076 or

Gina Gonzales (650) 704-4171

olmcwomensclub@gmail.com

Proceeds to benefit Our Lady of Mt. Carmel Parish

MASS INTENTIONS

Saturday, February 29, 2020

5:00 PM Susan Bailey †

Sunday, March 01, 2020

8:00 AM Henry Navarro †

10:00 AM Marie & Tony Bertetta†

12:00 PM Gabriel Alvarez (birthday intention)

5:00 PM Pro Populo

Monday, March 02, 2020

8:15 AM Giordano Stoia †

Tuesday, March 03, 2020

8:15 AM Decease of Phan family †

Wednesday, March 04 2020

8:15 AM Souls in Purgatory †

Thursday, March 05, 2020

8:15 AM Lisa Wasielewski (Intention)

Friday, March 06, 2020

8:15 AM Suzanne Shah (Intention)

Saturday, March 07, 2020

8:15 AM Filomena & Luigi Liberati †

THIS WEEK AT MT. CARMEL

Sunday, March 01, 2020

CCD Classes	8:30 AM	School
RCIA	9:00 AM	Chapel
Children's Liturgy	10:00 AM	Church

Monday, March 02, 2020

Grupo Carismático (Mesa Directiva) 7:00 PM Old Chapel

Tuesday, March 03, 2020

Padre Parents Ass'n	6:00 PM	Small Hall
Grupo Guadalupano	7:00 PM	Parish Center
Men's Basketball	8:30 PM	Large Hall

Wednesday, March 04, 2020

Women's Club	6:30 PM	Small Hall
CCD Classes	6:30 PM	School
Grupo Carismático	7:00 PM	Large Hall

Thursday, March 05, 2020

Good Grief	6:00 PM	Old Chapel
CCD Classes	6:30 PM	School

Saturday, March 07, 2020

Retiro de Cuaresma	8:30 AM	Large Hall
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Saints & Special Observances

Sunday: First Sunday of Lent

Monday: of the First Week of Lent

Tuesday: Saint Katherine Drexel

Wednesday: Saint Casimir

Thursday: of the First Week of Lent

Friday: World Day of Prayer

Saturday: Saints Perpetua and Felicity



The loss of every loved one creates many changes, challenges and pain. "Good Grief", an ongoing support group, meets first and third Thursday at the Parish Center, 6:00-7:30 p.m.

We care. We share. Do come.

Welcome Our Lady of Mount Carmel Registration Form

The following confidential information will be entered in our parish data system. It is only for the purpose of knowing and serving you better.

Name (s): _____

Address: _____

City: _____ **zip:** _____

Telephone: _____

e-mail: _____

Others in your household: _____

Number of adults over 18 years of age: _____

Number of children under 18 years of age: _____

OUR LADY OF MT. CARMEL

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