

Our Lady of Mount Carmel Church

300 Fulton Street ▪ Redwood City, CA 94062

Tel. (650) 366-3802 ▪ Fax: (650) 366-1421

Udaquila@mountcarmel.org imelendez@mountcarmel.org ▪ www.mountcarmel.org

MARCH 29, 2020 ~ THE FIFTH SUNDAY OF LENT

Parish Center Hours

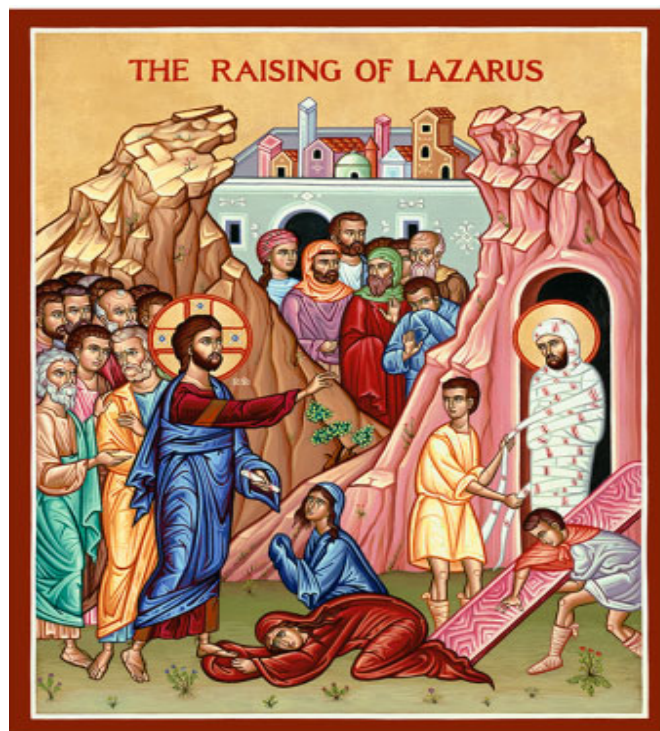
Monday to Friday: 9:00 a.m. to 3:00 p.m.

Parish Phones

Parish Center Office: (650) 366-3802
Pastor's Office: (650) 306-9583
Religious Education Office: (650) 368-8237
Mt. Carmel School Office: (650) 366-6127
Mt. Carmel Pre-School: (650) 366-6587

Parish Staff

Pastor: Rev. Ulysses D'Aquila
Deacon: Rev. Mr. Thomas J. Boyle
Principal: Dr. Deborah Farrington
Administrative Assistant: Ivette Meléndez
Director of Religious Ed.: Magdalena Hernández
Youth Confirmation: Judy Draper
Director of Music: Bianca Remlinger
Pre-School Director: Maureen Arnott



Mass Schedule

Sunday: 8:00 am, 10:00 am, 12:00 pm (Español), and 5 pm

Saturday: 8:15 am and 5:00 pm Vigil Mass

Monday to Friday 8:15 am

Reconciliation/Confession Saturday 3:30 -4:30 pm

Baptisms / Bautismos

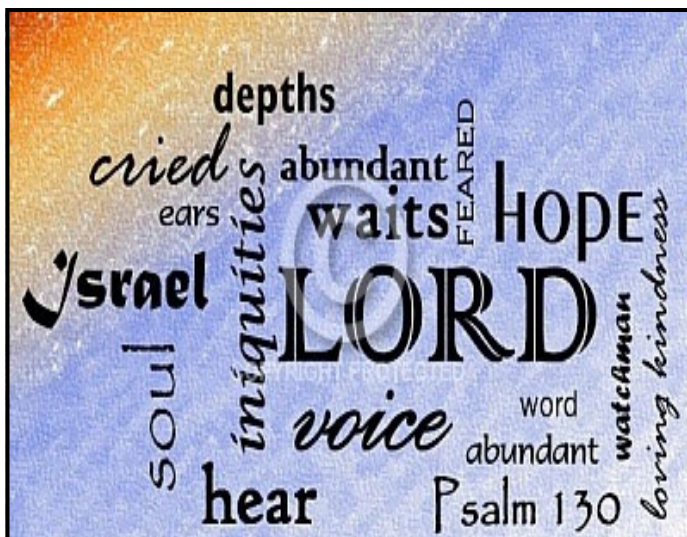
Call parish at least two months in advance.

Llame a la parroquia a lo menos dos meses antes.

Weddings / Bodas

Call parish at least six months in advance.

Llame a la parroquia a lo menos seis meses antes.



Mission Statement

Our Lady of Mount Carmel Parish is a Christ-centered community in the Roman Catholic tradition. We try to share the Good News of salvation with others. As a diverse community, we value and respect individual differences. As God's people, we gather in the Spirit to pray, to celebrate the sacraments, to teach, to learn, to console, to rejoice, to minister and to renew our faith with one another.

With this Fifth Sunday of Lent, we enter into that final period before Easter, a sort of intensification of our Lenten journey. There is a universal principle, one I'm sure most people have experienced, that the final stage of any project or personal plan is always the most difficult. If you're dieting with a goal in mind, losing the last seven pounds will be much harder than the ten you lost at the beginning. If you're renovating your kitchen, it's the final details that will almost derail you.

Likewise, with Lent. Many of us begin with good intentions; we tell ourselves that we'll give up this or that, or we make promises to ourselves that we'll refrain from gossip, or that we'll exercise more. And usually we follow through for a while. But then comes the slump. How many people wind up saying, "I tried to go without coffee (or dessert, or cigarettes, or whatever), but I failed"? To them, and to myself, I say: No, don't give up!

To stumble is to be human, and it's o.k. Because it is through our weakness, our faults and our many imperfections that we grow toward a loving *dependence* on God. It's by acknowledging the near impossibility of 'going it alone' that we learn to yield to God and to let go of our false sense of control over things, so that God's will and God's plan for us can be all in all. I realize that this contradicts the 'wisdom' of our American culture which so much values self-assertion and which over-emphasizes independence and self-sufficiency. As a people, we have suffered a great deal psychologically from this notion that we, and we alone, are in the driver's seat. That's why Jesus says that we must become like little children if we wish to inherit the Kingdom of God. Children know they are dependent, that they rely on others for their care. We should recognize in the same way that we require support. We need one another, and we absolutely need God for the guidance and for the steady love that only God can provide. So if you feel that your Lent has been a failure and that you've gotten nowhere, this is the perfect moment to move on. Just ask God to help you. Say to God sincerely, "See how helpless I am on my own. Take me by the hand and guide me. Show me the way." Then the road will open before you and every step you take will be an opportunity to become a better person. Notice how instead of the usual sharp comment, something gentle comes from your mouth, or how your habitual complaint evolves into humor. You become aware that you're kinder, more generous, less suspicious. And these changes will help you love yourself a little more. This is how God operates within us and through us, but of course we have to move over and let Him take the wheel.

Fr. Ulysses

5th Sunday of Lent We prepare

Con este quinto domingo de Cuaresma, entramos en el período final antes de Pascua, una especie de intensificación de nuestra jornada de Cuaresma. Hay un principio universal, que estoy seguro que ustedes lo han experimentado, que la etapa final de cualquier proyecto o plan personal siempre es el más difícil. Si estás a dieta, perdiendo los últimos siete libras será mucho más difícil que los diez que perdiste al principio. Si estas

renovando su cocina, son los detalles finales que casi no se puede terminar. Lo mismo sucede con la Cuaresma. Muchos de nosotros comienzan con buenas intenciones; nos decimos que no vamos a hacer esto o esto, o hacemos promesas a nosotros mismos que no voy a participar en chismes, o que voy a hacer más ejercicio. Y generalmente lo hacemos por un rato. Pero luego viene el bajón. ¿Cuántas personas terminan diciendo:

"He intentado ir sin café (o postre, o cigarrillos, o lo que sea), pero fallé"? Para ellos, y para mí, digo: No, no te rindas! Tropezar es ser humano, y es a través de nuestra debilidad, nuestros defectos y nuestras muchas imperfecciones que crecemos hacia una dependencia amorosa en Dios. Es reconocer la imposibilidad de "ir por sí solo" que aprendamos a ceder a Dios y a dejar nuestra falsa sensación de control sobre las cosas, para que la voluntad de Dios y el plan de Dios para nosotros puedan realizarse. Todo esto contradice la "sabiduría" de nuestra cultura estadounidense que tanto valora la autoafirmación y que hace demasiado hincapié en la independencia y la autosuficiencia. Hemos sufrido mucho psicológicamente por esta noción que nosotros, y solo nosotros, estamos en control. Por eso Jesús dice que debemos ser como niños pequeños si deseamos heredar el Reino de Dios. Los niños saben que son dependientes, que dependen de otros para su cuidado. Debemos reconocer de la misma manera que necesitamos el apoyo de otros, y que Dios es absolutamente necesario para la orientación y el amor constante que sólo Dios puede dar. Así que si uno siente que su Cuaresma ha sido un fracaso y que no ha logrado su meta, este es el momento perfecto para seguir adelante. Pregúntale a Dios que le ayude. Diga sinceramente a Dios: "Mira lo impotente que estoy. Llévame de la mano y guíame. Muéstrame el camino." Luego el camino se abrirá ante ti y cada paso que das será una oportunidad para convertirse en una mejor persona. Observe cómo en vez del chisme o la crítica de costumbre, algo amable viene de la boca, o cómo su queja habitual se convierte en humor. Poquito a poquito damos cuenta de que estamos mejorando, que somos más generosos, menos sospechosos. Esta es la manera en que Dios opera en nosotros, y a través de nosotros, pero por supuesto tenemos que abrirnos a la gracia de Dios y permitir que Él tome control. *Padre Ulises*

THE 2020 ARCHDIOCESAN ANNUAL APPEAL.

Our assessment for this year is **\$78,484**, or 20% of our last year's income. To date, we have received **\$14,220**. Please consider what you might do to help us meet our obligation by the end of the year. *Thank you very much!*



The loss of every loved one creates many changes, challenges and pain. "Good Grief", an ongoing support group, meets first and third Thursday at the Parish Center, 6:00-7:30 p.m.
We care. We share. Do come.



HOLY WEEK SCHEDULE

Palm Sunday, April 4 and 5

Masses w/palms on Saturday at 5:00 p.m. and Sunday at 8:00 a.m., 10:00 a.m., 12:00 p.m. (Spanish), and 5:00 p.m.

Holy Thursday, April 9

Evening Mass of the Lord's Supper at 7:00 p.m.

Good Friday, April 10 from 12:30 to 2:30 p.m.

(Liturgy of the Hours, Stations of the Cross, The Lord's Passion, Veneration of the Cross, Holy Communion)

Viernes Santo, 10 de Abril a las 7:00 p.m.

Via Crucis en vivo, Veneración de la Cruz, Comunión

Holy Saturday Easter Vigil, April 11 at 8:00 p.m.

Easter Sunday, April 12

Masses at 8:00 a.m., 10:00 a.m., 12:00 p.m. (Spanish)
(No 5:00 p.m. Mass)

TODAY'S SECOND COLLECTION

Our second collection today is to support the **St. Vincent de Paul Society** which provides food, diapers and other assistance to the needy. Volunteer opportunities are always available. Call Al Stanley at (650) 868-3803.

Next Week's Second Collection will be for Parish Facilities.



Come and spend a fun evening with friends!
Wednesday, April 1 ~ 6:30 p.m. ~ Small Hall

**Menu: Pork Tenderloin, Roast Vegetables, Salad, Dessert,
Drinks and more!**

(Doors Open 6:30 p.m. – dinner served at 7:00 p.m.)
Raffle, Fun and Door Prizes.

Women over 21 invited. \$20

Men's Club

All Men over 21 are invited & welcome.
Thurs. April 2 ~ 6:00 p.m. ~ Small Hall



**Tim O'Hara is preparing a special menu of
Oxtail and Chicken Stew, Polenta, Salad,
Garlic Bread and Gelato for dessert.**

\$20 - FIRST TIMERS ADMITTED FREE OF CHARGE.

MASS INTENTIONS

Saturday, March 28, 2020

5:00 PM Henry Navarro †

Sunday, March 29, 2020

8:00 AM Paul Isaacs †

10:00 AM Jamie Lee Kimball †

12:00 PM María de Jesús Muñoz †

5:00 PM Pro Populo

Monday, March 30, 2020

8:15 AM Frank Gonzales Jr. †

Tuesday, March 31, 2020

8:15 AM Teodora Barias †

Wednesday, April 01, 2020

8:15 AM Robert O'Leary †

Thursday, April 02, 2020

8:15 AM Daniel Mendoza Nicolas †

Friday, April 03, 2020

8:15 AM Brenden Shah (Int.)

Saturday, April 04, 2020

8:15 AM Filomena Liberati †



THIS WEEK AT MT. CARMEL

Sunday, March 29, 2020

CCD Classes	8:30 AM	School
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RCIA	9:00 AM	Chapel
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Children's Liturgy	10:00 AM	Church
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Boy Scouts	11:00 PM	Lg. Hall
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Monday, March 30, 2020

Grupo Carismático (Mesa Directiva)	7:00 PM	Old Chapel
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Tuesday, March 31, 2020

Men's Basketball	8:30 PM	Large Hall
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Wednesday, April 01, 2020

CCD	6:30 PM	School
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Women's Club	6:30 PM	Small Hall
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Bible Study	7:00 PM	Old Chapel
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Grupo Carismático	7:00 PM	Large Hall
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Thursday, April 02, 2020

Good Grief	6:00 PM	Old Chapel
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Men's Club	6:00 PM	Small Hall
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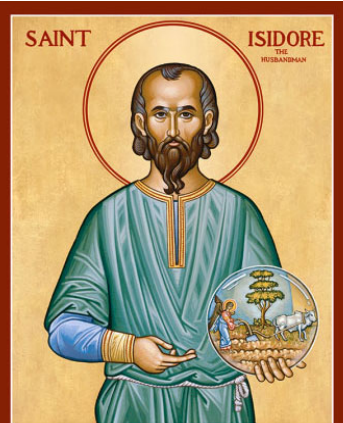
CCD	6:30 PM	School
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Saints & Special Observances

Sunday: Fifth Sunday of Lent
Monday: of the Fifth Week of Lent
Tuesday: of the Fifth Week of Lent
Wednesday: of the Fifth Week of Lent
Thursday: St. Francis of Paola
Friday: of the Fifth Week of Lent
Saturday: St. Isidore, Patron of Spain



S. Francesco di Paola



Welcome Our Lady of Mount Carmel

Registration Form

The following confidential information will be entered in our parish data system. It is only for the purpose of knowing and serving you better.

Name (s): _____

Address: _____

City: _____ **zip:** _____

Telephone: _____

e-mail: _____

Others in your household: _____

Number of adults over 18 years of age: _____

Number of children under 18 years of age: _____

Rosary Makers Group

Our Lady of Mount Carmel Rosary Makers Group meets every Friday from 10:00 a.m. to Noon in the Parish Center. We are always looking for new people who'd like to join us in making rosary. Training and materials provided.



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