Dear Queen of All Saints Families,

Today, Ash Wednesday, we began the season of Lent. The children attended 8:30 Mass where everyone received ashes in the pattern of a cross on their forehead with the words “From dust you came and from dust you will return.” Fr. Neal visited our Preschool class to distribute ashes to our youngest students as well.

*Genesis 2:7* - *Then the LORD God formed a man from the dust of the ground and breathed into his nostrils the breath of life, and the man became a living being.*

Lent is a 40-day season marked by repentance, fasting, reflection, and ultimately celebration on Easter Sunday. The 40-day period represents Christ’s time of temptation in the wilderness, where he fasted and where Satan tempted him. The students know that we “packed away” the Alleluia for Lent and will rejoice once again by saying Alleluia on Easter Sunday. The children will be focusing on making Lenten promises and sacrifices and opening their hearts to Jesus. Perhaps as an at-home family Lenten activity you can look through magazines and cut out pictures of the Lenten sacrifices and glue them to a poster as a reminder. Another idea that I will do with my own family is to make a prayer chain out of 40 strips of paper with something/someone special to pray for on each one.

Rhyan Ramirez led a retreat on campus yesterday for our middle schoolers. Please take a moment to review his message, “Let Go, Let God” and pay special attention to *The Clean Up* tool section and graphic. It is a great representation of what repentance looks like.

With Blessings and Gratitude,
Lucia Prince
From the desk of Mrs. O'Connor

DEADLINE IS APPROACHING!
Any family wishing to be considered for financial assistance for the 2020-2021 school year is required to apply for grants and aid on your FACTS Management Account. All families must reapply each year. I am currently scheduling appointments to review applications prior to the **March 15, 2020 deadline**. Please contact me at (925)685-8700 or joconnor@csdo.org to schedule your appointment.

I would like to outline many important upcoming due dates as we approach re-registration for the 2020-2021 school year. Please see the schedule below for your reference. As always, if you have any questions please contact me at joconnor@csdo.org

**2020-2021 Re-enrollment Timeline:**
- **3/9/20** Re-registration link is open on Powerschool
- **4/16/20** Registration fee billed on FACTS Management
- **4/26/20** Registration fee due
- **5/1/20** Powerschool Registration submission due

Other School Announcements

**Seussical Jr.**

There are very few volunteer opportunities left for the year. Please take advantage and sign up to help this year’s musical play at: [https://www.signupgenius.com/go/70A0A4DA9AB2F4-seussical1](https://www.signupgenius.com/go/70A0A4DA9AB2F4-seussical1)

Many students, and our music teacher extraordinaire, Mrs. Davis, have been working hard in final preparation for this weekend’s show. Buy your tickets here: [https://www.eventbrite.com/e/seussical-jr-tickets-91791995329](https://www.eventbrite.com/e/seussical-jr-tickets-91791995329)

**PACE News**

**QAS Run for Fun (Fitness Event on Friday, March 20th)**

This event encourages our students that exercising and eating a balanced diet will lead to a healthy and active lifestyle. Fundraising packets and information on credit toward your annual fundraising commitment will be distributed soon. Fun prizes are awarded for top earners!

**QAS Fun Run T-Shirt Winning Design**

Each student will receive a 2020 Fun Run T-Shirt featuring the winning design by QAS artist, Christopher Cardoza, 3rd grade. Congratulations!
Happy Birthday Dr. Seuss! - Students celebrate next Thursday, March 5th
We need your help to make this event a success!

Faculty Appreciation Lunch
2nd Grade will host on March 4, 2019

Next General PACE Meeting is Wednesday, March 11th at 6:00 PM in the 8th grade classroom.
All are welcome to attend.

Advisory School Board (ASB) News

Memorial Brick Campaign
If you would like to order a brick for your 2020 graduate, the deadline for brick orders is March 1st.
Please remember to submit your orders soon. Order online or fill out a form and bring it to the office.
For orders please visit, engraved bricks' campaign

Bake Sale
Our next Family Mass Bake Sale hosted by TK and 1st Grade will be March 1st. The March Bake Sale sign-up Genius may be accessed here: March bake sale

QAS Alumni
We are planning an event for Summer 2020. Keep up-to-date with all things Alumni in our Facebook group. https://www.facebook.com/groups/QueenofAllSaintsAlumni/

Saints Spirit Store Online
Have you checked our Spirit Store? This is a great time to purchase personalized hoodies, jackets and more. Show your Saints’ pride with many new items now available in adult and youth sizes. Go to the Saints Spirit Store at:

Queen Of All Saints Spirit Store
Five percent of each purchase goes back to our school. Go, Saints!

Happy Birthday To You
Reserve a special "Happy Birthday" shout out on the school marquee (Bacon Street side). Use this form to reserve your date.

Social Sharing
Follow, Like & Share us on social media!
Facebook: https://www.facebook.com/QASConcord/
Instagram: queenofallsaints_concord
Twitter: @QASConcord
**Get Involved**
Serving on ASB is a great way to get involved, be a part of the school's continuing development, and earn volunteer hours. If you are able and interested or have questions, please reach out to Erleen Richards at erleen.richards@gmail.com for more information.

*Our next ASB meeting will be on Wednesday, March 11th at 6:30 PM in the faculty room.*

**CYO News**

**CYO Track and Field**
Please look for more track and field details on the school website: [CYO Track & Field](#)

**CYO Basketball**
Congratulations to all of our CYO athletes who competed this year. We all enjoyed cheering you on. A special thank you to all of our volunteer coaches for their dedication and support.

2nd and 3rd Grade Boys

![2nd and 3rd Grade Boys 2020](image)

7th Grade Girls

![7th Grade Girls 2020](image)
We want to recognize our 4th Grade Boys team who won the CYO Championship for their division. Congratulations!
Lessons for the Sunday Gospels - Lesson of the Pretzel

The Legend of the Pretzel

Popular legend states that a long time ago, there was a kind Italian Monk. He knew the importance of prayer. He created a very special treat for the children who memorized their prayers. The Monk cut soft bread dough into long strips and then folded them into a special shape before baking them. The unique shape of the pretzel is like a child with folded arms.

He called the treats “pretiolas” or “little rewards.

Just like the little children in the story, we are rewarded when we fold our arms and bow our heads to pray to our Father in Heaven. We are rewarded with love, peace, comfort, guidance, strength and forgiveness.

Weekly Calendar/Upcoming Events

Friday, February 28 & Saturday, February 29  Seussical Jr. Showtime 7:00 pm
Sunday, March 1  Family Mass and Bake Sale hosted by TK and 1st Grade
Monday, March 2  Mass at 8:30 am
Wednesday, March 4  Noon Dismissal
                      Preschool open from 8:00 am - 5:00 pm
Thursday, March 5  Dr. Seuss Day
                      Junior High Dance hosted by Student Government from 3:15-4:45 pm in the Hennessy Room
Friday, March 6  End of Second Trimester
                      Stations of the Cross presentation by Kindergarten and 5th Grade
                      at 2:15 pm in the Church
RHYAN RAMIREZ WORKSHOP:

LET GO, LET GOD

Hey, everyone. My name is Rhyan Ramirez, but your students know me as Mr. Rhyan or Bro Rhy. I’m excited to partner with the Lumen Christi Academy and share these valuable social-emotional learning tools and faith-based solutions. I come with 11 years of experience working in the adult mental health field and 20+ years of youth and young adult ministry, from parish-level to diocesan-level events. I was born and raised in Vallejo, Ca. and I’m part of the Sacramento Diocese. My mission is to bring awareness to what social-emotional learning is and to provide tools and faith-based teachings to be a part of the solution. It is my belief that every student deserves to be safe, seen and heard.

We’ll send you a newsletter to accompany each workshop so you can follow along with the new SEL language and skills your students are practicing. Your ongoing support reinforces the workshop material and experience. When we all work together, we create deeper connections at home and in the classroom, and positively affect the school’s culture.

SOCIAL-EMOTIONAL LEARNING

The Clean Up

Step 1: Be honest and admit what you did.
Step 2: Give a genuine apology. No need for explanations (you can write those down in the I-Message form later).
Step 3: Ask how you can make it right. Listen patiently for an answer. Avoid making suggestions. Their voice needs to be heard.
Step 4: Honor your commitment. If you repeat the same behavior after making a commitment to change, others will lose trust in us and our relationships will weaken.
Step 5: Ask for forgiveness. Remember, it’s OK if the other person is not ready to forgive in that moment. You already did your part by cleaning it up.

We all make mistakes from time to time. The Clean Up tool, while tough to use, is one of the most powerful tools we have at our disposal. It builds self-esteem and self-awareness as students use the restorative justice process to take action and focus on making positive changes.
**FAITH-BASED TEACHINGS**

**LET GO, LET GOD**

Let Go: Let go of all things getting in the way of you doing a Clean Up. Let go of vices like anger, pride and envy.

Let God: Let God fill your mind and your heart. Let God be your hands, feet and voice.

**Scriptures & Church Teachings**

In the Lord’s Prayer: “...Forgive us our trespasses AS we forgive those who trespass against us...” the word as means at the same time. We can’t ask God to forgive us and not be willing to forgive others.

The Sacrament of Reconciliation allows for a spiritual fresh start or renewal.

**CONNECTION SECTION**

**Clean Up together at home**

Check In: Discuss the importance of virtues. Share a time or brainstorm a situation where virtues might come in handy (For example: Practicing fortitude during a disagreement allows you to stay present in the conversation and not walk away when it starts to get tough).

Discuss how virtues are the opposite of vices and also the solution to vices.

Attend confession together and share how you felt after receiving the sacrament.

**Virtues matching game**

Draw a line to the virtue that matches the description

<table>
<thead>
<tr>
<th>Prudence</th>
<th>Courage. Staying in the battle</th>
</tr>
</thead>
<tbody>
<tr>
<td>Temperance</td>
<td>Being fair and not choosing sides</td>
</tr>
<tr>
<td>Fortitude</td>
<td>Wisdom or right judgement</td>
</tr>
<tr>
<td>Justice</td>
<td>Self-restraint or moderation</td>
</tr>
</tbody>
</table>

WHEN I MAKE A ______, THAT’S ______, JUST RIGHT ______.