Dear Queen of All Saints Families,

Report cards are being sent home today, along with Family Fundraising Statements and other important information. Please take a moment to review all of the paperwork that you will find in your child's Report Card envelope. After reviewing the Report Card, please sign both the Report Card and manila envelope and return both of them to school. For your reference, diocesan rubrics for the Kindergarten through 5th-grade grading scale are included on page two of the Report Card. If you have any questions about the end of the trimester grades, please contact your classroom teacher to set up a time for a conference.

As we head into Thanksgiving break, we are thankful for the blessings that have been bestowed upon us. This season of giving thanks is a real reminder about appreciating the many blessings in our lives. These blessings deserve to be acknowledged and appreciated, especially on Thanksgiving. As you extend gratitude this season, what simple gestures or prayers might you consider offering to give thanks and to acknowledge the many blessings in your life?

Have a wonderful and safe Thanksgiving! We will see you back at school on Monday, December 2nd, in time to begin celebrating the Season of Advent.

With Blessings and Gratitude,

Lucia Prince

"From the fullness of his grace, we have all received one blessing after another." John 1:16
From the Desk of Janet O’Connor
Fundraising statements will be sent home with report cards today. This first statement includes information regarding auction raffle ticket sales. Please review the statements and contact Mrs. O’Connor with any questions.

Join us in Santa’s Workshop Soon

Santa’s Workshop will be open beginning Monday, December 9th and will remain open until supplies last. We will be open in the mornings from 7:30-7:55 am in the Library & Media Lab.

PACE News

Double Good Fundraising is Due Tomorrow. All orders are due by 8:00 AM on Thursday, November 21. This fundraiser helps Queen of All Saints families reach their annual fundraising goal and share the joy of delicious popcorn treats. 50% of the total amount sold will be credited toward your annual fundraising obligation.

The Online Fundraising Option Begins December 2nd!

On Monday, December 2nd, a group code will be sent through email and Class Dojo. This code MUST be used by Saturday, December 7th. The code will allow you to create an account for your family with a personalized link. Once you have created a link, the online option is open for four days only. This is a great opportunity to increase sales. Popcorn will be delivered directly to the purchaser.
Breakfast with Santa-12/7

Join us for a delicious breakfast and a special visit from Santa. We will have two seating options: 8:30-9:30 AM or 10:00-11:00 AM. There will be a special performance by Kindergarten and 1st Grade at 9:30 AM. Please see pre-order form on page 8. All pre-orders are due by December 4th.

We need volunteers to make this event possible. Please use this link to volunteer: http://bit.ly/Bfastwithsanta2019

No More clipping, just scan your receipt.

Download the Box Tops app and choose QAS as your home school. Every time you go shopping, just scan the receipt and box tops will be automatically credited to our school!

*Please note that this does not count for your annual fundraising commitment but is a great way to support our school.*

Please see Mrs. Francisco in the office for more information!

Advisory School Board (ASB) News

Memorial Brick Campaign

Would you like to give the gift of honoring a loved one this holiday season? Order a memorial brick in their name, or for your family this Christmas. We will continue to accept brick orders for Phase 3 until March 2020. Order online or fill out a form and bring into the office.

https://www.engravedbricks.com/campaign/QAS

Bake Sale

Our next Family Mass and bake sale hosted by 4th and 7th grades will be held on February 9, 2020.

Saints Spirit Store Online

Have you checked our Spirit Store? With colder days and nights approaching, this is a great time to purchase personalized hoodies, jackets and more. Show your Saints’ pride with many new items now available in adult and youth sizes. Go to the Saints Spirit Store at:

https://www.sportpacks.com/QueenOfAllSaints

Five percent of each purchase goes back to our school. Go Saints!

Annual Auction

Please use the Survey Monkey link below to provide your anonymous feedback toward our 2019 auction. https://www.surveymonkey.com/r/DSF3DXN

QAS Alumni

Mark your calendar for Thursday, January 30th in the Hennessy Room for an Alumni Social. Keep up-to-date with all things Alumni in our Facebook group.

https://www.facebook.com/groups/QueenofAllSaintsAlumni/

Happy Birthday To You

Reserve a special "Happy Birthday" shout out on the school marquee (Bacon Street side). Use this form to reserve your date https://forms.gle/Qfq6RVyeaiLyK1LqV9
Serving on ASB is a great way to get involved, be a part of the school's continuing development, and earn volunteer hours. If you are able and interested or have questions, please reach out to Erleen Richards at erleen.richards@gmail.com for more information.

*The Advisory School Board will hold their next meeting in January 2020.*

**CYO News**

**CYO Basketball season has begun.** We would love to see our Queen of All Saints families support and cheer on our students.

- 3rd Grade QAS vs. St. Agnes  
  November 24, 2:00 PM at Pittsburgh Youth Dev. Center
- 4th Grade QAS vs. St. Agnes  
  November 24, 2:00 PM at Clayton Valley Charter(Girls)
- 7th Grade Boys QAS vs. IHM  
  November 24, 5:00 PM at Holy Rosary School
- 7th Grade Girls QAS vs. St. Agnes  
  November 24, 3:45 PM at Clayton Valley Charter(Boys)
- 8th Grade QAS vs. IHM  
  November 24, 2:30 PM at Liberty High School #3

**CYO Basketball Fundraising**

Dining for a Cause. Join us all day on Tuesday, November 26th, at Eureka in Concord. 15% of all the sales will be donated back to Queen of All Saints CYO Basketball. Don’t forget the flyer on page 7 or mention QAS CYO Basketball.

**Upcoming Admission Events at Carondelet**

**HSPT Prep Course** (8th-grade only) - December 14th at 9:00 am ($75 registration will close as soon as max capacity is reached). We are partnering with East Bay Prep test preparation center of Concord to offer an HSPT prep course for boys and girls. This 3-hour workshop will focus on HSPT tips and test taking strategies and is open to any prospective Catholic High School 8th grade student.

**Thanksgiving Top Ten List: Lessons from the Gospel (Sermons4kids)**

*Let them give thanks to the LORD for his unfailing love and his wonderful deeds for men.*

*Psalms 107:8*

In September 1620, approximately 100 English men and women set sail for the New World aboard the Mayflower. The ship landed on the shores of what we now know as Massachusetts and anchored at Plymouth Rock. It was there that they would form the first permanent settlement in New England. More than half of the original settlers died during the first winter.

The native people who lived in the area around the Plymouth Colony were members of various tribes of the Wampanoag people who had lived in the area for many years. Soon after settling there, the Pilgrims came in contact with Squanto, an English-speaking native. Squanto taught the Pilgrims how to plant corn, which became an important crop, as well as where to fish and hunt. Our Thanksgiving holiday stems from a feast held in the autumn of 1621 by the Pilgrims and the Wampanoag to celebrate the
colony's first successful harvest. Thanksgiving was proclaimed an official National holiday by President Abraham Lincoln on November 26, 1863.

There are many Thanksgiving traditions, but one of my favorites is the Five Kernels of Corn tradition. Many people follow a tradition of placing five kernels of corn on the empty plate at each place on the Thanksgiving dinner table. These five kernels of corn serve as a reminder of the days when food was scarce and how God provides for our needs. Before the meal, each person removes each of the five kernels of corn from his or her plate and tells five things for which he or she has to be thankful.

Consider filling a plastic bag with 5 kernels of candy corn for your Thanksgiving guests this year then take the five candy corn kernels out of the bag at your Thanksgiving dinner and tell everyone else at the table five things for which you are thankful.

Here are five things I am thankful for:

Kernel 1: I am thankful that God loves me.
Kernel 2: I am thankful that God provides for my needs.
Kernel 3: I am thankful for my friends.
Kernel 4: I am thankful for my family.
Kernel 5: I am thankful that God hears and answers prayers.

Dear God, Thank you for providing for all our needs and for loving us. We Love You! Amen.

Invitation to Saint Joseph Notre Dame High School’s Reindeer Run

Saint Joseph Notre Dame High School will host the Third Annual Reindeer Run on Saturday, December 14 at 8:30 a.m. It is a 5K run/walk taking place at Crab Cove in Alameda for students, parents and community members of all ages! All proceeds benefit the Alameda Food Bank.

The morning includes Christmas music played by the SJND band, photos with Santa and an award ceremony for top runners in each division.
**Weekly Calendar/Upcoming Events**

**Wednesday, November 20**  
Report Cards Sent Home  
2:30 PM Dismissal

**Thursday, November 21**  
Thanksgiving Prayer Service  
2:15 PM

**Friday, November 22**  
No School - LCA Professional Development Day  
Preschool in Session

**Monday, November 25- Friday, November 29**  
Thanksgiving Break

**Tuesday, November 26**  
Eureka CYO Fundraiser

**Monday, December 2**  
School Resumes

**Tuesday, December 3**  
#GIVINGTUESDAY to support Family Aid-Catholic Education (FACE)

**Wednesday, December 4**  
Noon Dismissal (TK-8th Grade)
Join us on Tuesday, November 26 as we support our community!

We will be donating 15% of all sales from those who mention the fundraiser to benefit the Queen of All Saints CYO Basketball team. We’ll see you soon!
Breakfast with Santa

Saturday, December 7th

Enjoy a pancake breakfast, crafts, and pictures with Santa

Pre Order: $5 per person or $15 for family of 3 or more
(extended family welcome at an additional charge)

At the door: $7 per person or $20 for family of 3 or more
(extended family welcome at an additional charge)

Pre Order Form
(please choose one option below)

- 8:30-9:30 1st Breakfast Seating
  9:30 performance by K and 1st grade
- 10:00-11:00 2nd Breakfast Seating

Family Name ____________________________ Grade ____________
# of tickets per family ____________ Total Enclosed $__________

** Pre Orders are due by Wednesday Dec 4th**
GOD'S CREATION

Hey, everyone. My name is Rhyan Ramirez, but your students know me as Mr. Rhyan or Bro Rhy. I’m excited to partner with the Lumen Christi Academy and share these valuable social-emotional learning tools and faith-based solutions.

I come with 11 years of experience working in the adult mental health field and 20+ years of youth and young adult ministry, from parish-level to diocesan-level events. I was born and raised in Vallejo, Ca. and I’m part of the Sacramento Diocese. My mission is to bring awareness to what social-emotional learning is and to provide tools and faith-based teachings to be a part of the solution. It is my belief that every student deserves to be safe, seen and heard.

We’ll send you a newsletter to accompany each workshop so you can follow along with the new SEL language and skills your students are practicing. Your ongoing support reinforces the workshop material and experience. When we all work together, we create deeper connections at home and in the classroom, and positively affect the school’s culture.

Bro Rhy

SOCIAL-EMOTIONAL LEARNING

The Check In

Everyone has a balloon. It’s where we hold all of the difficult feelings that we carry around with us throughout the day.

Your students are practicing self-awareness and learning to recognize their feelings as soon as they begin to experience them. The “Check In” allows them to process the feelings and come up with healthy ways to manage them.

This tool also is also great for recognizing the behaviors/patterns that are unhealthy, hurtful and potentially make the situation worse.

Some of the tools included here were inspired by Soul Shoppe

FOUR WAYS TO CHECK IN

1. Prayer Check In (See Faith-Based Section)
2. Self Check In
   • Place one hand on your heart and one hand on your stomach
   • Check in for physical feelings: Am I feeling hot? Cold? Shaky? Electric?
   • Check in with heart or emotional feelings: mad, sad, lonely, afraid, embarrassed, frustrated, etc.

3. One-on-One Check In
   • Check In with an adult, teacher, friend

4. Group Check In
   • Family, class, team, other small groups
MIDDLE SCHOOLERS: JUST BE YOU

In addition to the Check In tool, the middle school students are using the "Camera of Truth" worksheet to dive deeper in exploring their truth and where they are in their journey without judgment.

FAITH-BASED TEACHINGS

Prayer Check In
It can be done anytime, anywhere. God always listens, no matter what our voice sounds like. God does not judge. God always wants to help.

Scriptures & Church Teachings
In the Book of Genesis 1:26-31, God created human beings in his image and likeness. He created us as "VERY GOOD," but we have all these feelings that sometimes prevent us from feeling that way. How do we get back to feeling the way we were created to be?

"THEN GOD SAID: LET US MAKE HUMAN BEINGS IN OUR IMAGE, AFTER OUR LIKENESS."

Book of Genesis 1:26

CONNECTION SECTION

USE THESE PHRASES TO CONTINUE THE CONVERSATION:
• Can we Check In?
• Is your balloon empty or full?
• What feelings are in your balloon?
• What's the difference between leaking and emptying?
• How do you empty your balloon?
• Let's think of ways to empty our balloons

Have your students help you fill in the blanks
1..When my ____ is ____, It's ____ to ____.
2.God created us in his ____ and ____.
3.God looked at everything he had made and found it ____ ____.