

Sojourner Truth Academy

AUGUST/SEPTEMBER

BREAKFAST

SERVED DAILY

Fresh Fruit - Apple, Banana, Pear, Orange, Craisins, Raisins, Applesauce, Fruit Cup
Fruit Juice - Apple, Grape, Berry, Strawberry Kiwi, Orange
Variety of Milk, including Skim

Monday

Tuesday

Wednesday

Thursday

Friday

Week 1

Aug 22

Aug 23

Aug 24

Aug 25

Aug 26

Breakfast Cereal

Mini Pancakes

Assorted Muffins

Cinnamon Roll

Granola

Fruit/Fruit Juice

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit Yogurt

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Week 2

Aug 29

Aug 30

Aug 31

Sep 1

Sep 2

Breakfast Round

Breakfast Loaf

Breakfast Cereal

Cereal Bar

Mini Bagel

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit Yogurt

w/ Cream Cheese

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Week 3

Sep 5

Sep 6

Sep 7

Sep 8

Sep 9

NO SCHOOL

Breakfast Cereal

Assorted Muffins

Cinnamon Roll

Granola

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit Yogurt

NO SCHOOL

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Week 4

Sep 12

Sep 13

Sep 14

Sep 15

Sep 16

Breakfast Round

Breakfast Loaf

Breakfast Cereal

Cereal Bar

Mini Bagel

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit Yogurt

w/ Cream Cheese

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Red Apple

Fruit/Fruit Juice

Week 5

Sep 19

Sep 20

Sep 21

Sep 22

Sep 23

Breakfast Cereal

Mini Pancakes

Assorted Muffins

Cinnamon Roll

Granola

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit Yogurt

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Week 6

Sep 26

Sep 27

Sep 28

Sep 29

Sep 30

Breakfast Round

Breakfast Loaf

Breakfast Cereal

Cereal Bar

Mini Bagel

Fruit/Fruit Juice

String Cheese

Fruit/Fruit Juice

Fruit Yogurt

w/ Cream Cheese

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

Fruit/Fruit Juice

**MENUS SUBJECT TO INFREQUENT CHANGE
BASED ON AVAILABILITY OF ITEMS**

Note: Menus may use ingredients that contain
peanuts, other nuts/seeds, milk, egg, soybean,
and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

Done Right Food
School & Event Catering Services



Our Commitment

"Healthy Food, Healthy Message"

We provide wholesome, delicious, real food
that helps teach the right message to children.

ANY QUESTIONS? CONTACT:

School Office or
DONE RIGHT FOOD @ 763-789-4493 or
www.donerightfood.com