



Sometimes the menu changes
A veces el menu cambia

N.E.W. Academy Canoga Park
Breakfast and Lunch Menu- August 2019

	MONDAY 12; 26	TUESDAY 13; 27	WEDNESDAY 14; 28	THURSDAY 1; 15; 29	FRIDAY 2; 16; 30
Weeks 1, 3, 5					
BREAKFAST	Waffle and Eggs Cinnamon Toasters with Graham Crackers	Oatmeal Raisin Bran with Graham Crackers	Coffee Cake Raisin Bran with Graham Crackers	Bagel and Cream Cheese Honey Nut Scooters with Graham Crackers	Blueberry Muffin with String Cheese Mateys with Graham Crackers
LUNCH	Herb Roasted Chicken with Brown Rice and Corn on the Cobb <i>Pollo Rostizado con Arroz y Elote</i>	Bean, Rice, and Cheese Burrito with Carrots <i>Burrito de Frijol, Arroz, y Queso con Zanahorias</i>	Pepperoni Pizza with Fresh Green Salad <i>Pizza de Peperoni con Ensalada</i>	Grilled Cheese Sandwich with Baked Beans <i>Sandwich Caliente de Queso con Frijoles al Horno</i>	Chicken Patty Sandwich with Sliced Cucumbers <i>Sandwich de Pollo Empanizado con Pepino</i>
Non-fat and 1% milk are available at each meal. 100% juice or fresh fruit is offered at breakfast. Fresh fruits and veggies are served with lunch.	Macaroni and Cheese with Corn on the Cobb <i>Maccarones de Queso con Elote</i>	Veggie Quesadilla with Carrots <i>Quesadilla con Zahanorias</i>	Veggie Pizza with Fresh Green Salad <i>Pizza Vegetariana con Ensalada</i>	Grilled Cheese Sandwich with Baked Beans <i>Sandwich Caliente de Queso con Frijoles al Horno</i>	Grilled Cheese Sandwich with Sliced Cucumbers <i>Sandwich Caliente de Queso con Pepino</i>
Week 2, 4					
BREAKFAST	Pancakes with Sausage Cinnamon Toasters with Graham Crackers	Ham and Cheese English Muffin Raisin Bran with Graham Crackers	French Toast with Sausage Blueberry Spooners with Graham Crackers	Pizza Bagel Honey Nut Scooters with Graham Crackers	Chocolate Donut Mateys with Graham Crackers
LUNCH	Hamburger with Asian Coleslaw <i>Hamburguesa con Ensalada Cole</i>	Chicken Quesadilla with Roasted Corn <i>Quesadilla de Pollo con Elote Rostizado</i>	Turkey Hot Dog with Chili Beans <i>Perro Caliente de Pavo con Frijoles de Chile</i>	Spaghetti with Meat Sauce and Broccoli <i>Espaguetis en Salsa de Carne con Brocoli</i>	Chicken Tenders with Carrots <i>Trozos de Pollo con Zanahorias</i>
Non-fat and 1% milk are available at each meal. 100% juice or fresh fruit is offered at breakfast. Fresh fruits and veggies are served with lunch.	Veggie Burger with Asian Coleslaw <i>Hamburguesa Vegetariana con Ensalada Cole</i>	Veggie Quesadilla with Roasted Corn <i>Quesadilla con Elote Rostizado</i>	Grilled Cheese Sandwich with Baked Beans <i>Sandwich Caliente de Queso con Frijoles de Chile</i>	Spaghetti with Marinara Sauce and Broccoli <i>Espaguetis en Salsa Marinara con Brocoli</i>	Mac and Cheese with Carrots <i>Macarrones con Queso y Zanahorias</i>

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