

LIL' SCOOP

Preschool Newsletter

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Catch Me At My Best

This week, we are highlighting children who are showing great improvement in self-control—using calm bodies, gentle hands, and thoughtful words. We're excited to celebrate their positive choices!

* Jaxon

Jaxon has shown wonderful growth in self-control when feeling frustrated. He is becoming more confident using his words to let classmates and teachers know what is bothering him. Jaxon has also been working hard to pause his body and stay calm, even when he's been pushed or bumped during play.

* Max

Max has shown great improvement in self-control when he feels himself becoming very excited. He has developed the habit of stepping away to practice his 5-finger breathing until he's calm and ready to play safely. Max also demonstrates wonderful self-control when leading the line during pick-up, patiently waiting and staying focused to model positive hallway behavior for his classmates.

We love our school family!

November is here, and it's a wonderful reminder of all the things we are thankful for! This month, our Little Saints joyfully welcomed two new friends, Nico and Isabel, into our classroom community. As familiar friendships continue to grow and new ones begin to bloom, we've been focusing on strengthening our communication, problem-solving, and emotional regulation skills.

Recently, we've been practicing helpful phrases that support positive interactions during play. Expressions like "Can I play with you?" or "I would like to play alone" empower children to clearly share their needs.

We've also been learning that it's okay when a friend wants to play independently. With gentle guidance and redirection, the children are becoming confident using timers to take turns, finding new play areas, or patiently watching and waiting until a friend is ready.

Our Little Saints have also been hard at work exploring their letters of the week! We had a blast diving into the letters C and M. Using Expo markers, the children are gaining confidence tracing and writing, while our chalkboard has become a favorite spot for finger-tracing chalky letters. Letter bags have sparked exciting conversations and helped strengthen speaking and listening skills as well.

In addition to literacy, we've been growing our cognitive development through numbers and early science exploration. We've incorporated more number-focused activities into our routines to help familiarize children with counting and number recognition. Whether we're using our fingers to count to ten, keeping track of a friend's speed, or participating in small-group math activities, the children are developing strong foundational skills.

We've also introduced more color-themed activities to support color recognition. From mixing colors to playing color-naming games, the children are enjoying discovering the many beautiful shades around them.

To keep up with our Little Saints, follow us on instagram @QasLilSaints!

Important Dates

November 17th–20th: Parent Teacher Conferences

November 21st: Evacuation Drill. Begins at 10:45am. All students must be picked up by 12pm.

November 24th–28th: Thanksgiving Break. School Closed

