# Preschool Newsletter

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## Catch Me At My Best

This week we are highlighting students who have shown progress in communicating in the classroom. This means more than just holding a conversation. We have been focusing on problemsolving and using words to do so.

### \* Finnley

Finnley has shown progress in his communication by telling his classmates exactly why he is upset. Instead of just saying, "stop", Finnley uses his words to let classmates know what and why something is bothering him. He is also beginning to articulate a solution to problems as well.

### \* Dennis (DJ)

DJ has shown progress in his communication skills recognizing when he is upset and then verbally communicating his needs. DJ will call on a teacher for assistance in problem solving with classmates. He will use his words to tell a teacher what happened and why he needs help. In addition, DJ has began taking interest in other classmates. He is starting to use his words to communicate his interest in entering play with other students by simply asking, "you want to play?".

# P is for Preschool!

October has started off strong! We welcomed Eli to our Little Saints family and celebrated quite a few birthdays! We have had a great end to September and intro to October!

The children have been continuing to work on emotional regulation, but specifically communicating verbally what emotion they feel and finding solutions to how to deal with that emotion. We have been taking the time to only help guide the children's conversation when problem solving in order to encourage self advocacy and build confidence in their ability to problem solve themselves. In addition, the children have been learning breathing techniques to help calm their bodies during times of excitement and also understanding when it appropriate to let our wiggles out and when it is time to calm our bodies.

With that being said, the children are becoming more familiar with the daily morning prayer and prayers before snack and lunch. We are noticing some of the children reciting them on their own and preparing for prayer time by showing us quiet voices, calm bodies and prayer hands!

We have also begun more focused small groups and are beginning to introduce letters of the alphabet. We just finished our first letter of the week, P! The children practiced fine motor skills and hand-eye coordination when doing a rip and glue paper activity with the letter P. They also got a chance to write the letter on the white board using Expo markers. The children enjoyed using chalk and wet sponges to try writing the letter P and then talking about what words begin with P. Pumpkins, police car and popcorn were popular P words mentioned. So the children got to color and decorate paper pumpkins with google eyes and pompoms, while also having the opportunity to stamp or dot police car drawings!

Lastly, we kicked off the fall season with our Little Saints pumpkin patch! It was a blast and a great reminder of how extremely grateful we are for the involvement of our Little Saints families!

# **Important Dates**

October 13<sup>th</sup> -No school. Indigenous Peoples' Day October 24<sup>th</sup> -Boo Bash. 4pm-6pm October 31<sup>st</sup> - Early Dismissal 12pm. Halloween

