

SAINT JOACHIM MARCH LUNCH MENU 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Noon Dismissal
4 BBQ Chick Thigh 1ea Premium California Vegetable 1/4 c. Whl Wheat Bread 1ea Applesauce 1/2c. 1/2pt 1% White Milk 1ea.	5 Meatballs 2 ea. w/country gravy Brown Rice 1/2cup Hi C Sidw/Romain 1/2c Diced Peaches 1/2c. 1/2pt 1% White Milk 1ea.	6 Sandwich Whl Wheat Bread 1ea Cheese 3sl. Shredded Lettuce 1/4c Baby Carrots 1.6 oz Orange (138ct) 1ea. 1/2pt 1% White Milk 1ea.	7 Hamburger on a Bun Tossed Salad 1/2c Tropical Fruit 1/2c. 1/2pt 1% White Milk 1ea.	8 Vegetarian Tostada Refried Beans 1/3c Shred. Cheese 1/2oz Whole Grain Tostado Boat 1 each Cabbage and Cilantro 1/4c Apple (198ct) 1 each 1/2pt 1% White Milk 1ea.
11 Beef Mloaf w/grv 1ea. Deluxe Mashed Potatoes 1/4 c. Whole Wheat Dinner Roll 1 ea. Mixed Fruit 1/2c. 1/2pt 1% White Milk 1ea.	12 Salami 4sl & Chz 1sl On Wheat Bread 1 slice Vegetable Soup 4oz. Diced Peaches 1/2c. 1/2pt 1% White Milk 1ea.	13 Seas.Chick Thigh 1ea Peas & Carrots 1/4c Whl Wheat Bread 1ea Diced Pears 1/2c. 1/2pt 1% White Milk 1ea.	14 BBQ Pork Rib-B-Q Sand. On Whole Wheat Bun 1 ea. Coleslaw w/carrots 1/4c. Pineapple Tidbits 1/2c. 1/2pt 1% White Milk 1ea.	15 Noon Dismissal
18 WGBrd. Chicken Strips 3ea. Premium California Vegetable 1/4 c. Applesauce 1/2c. 1/2pt 1% White Milk 1ea.	19 Sandwich Turkey Ham 4sl & Chz 1sl WWBread 1 slice Shredded Lettuce 1/4c Baby Carrots 1.6 oz Kiwi 1/4 cup 1/2pt 1% White Milk 1ea.	20 Beef SalisburySteak1ea with gravy 1 oz Whole Wheat Dinner Roll 1 ea. Corn 1/4c Pineapple Tidbits 1/2c. 1/2pt 1% White Milk 1ea.	21 Italian Chick Thigh 1ea Whl Wheat Bread 1ea Peas & Carrots 1/4c Orange (138ct) 1ea. 1/2pt 1% White Milk 1ea.	22 Build Your Own Nachos WGTortilla Chips 1oz Refried Beans 1/3c Shred. Cheese 1/2oz Shredded Lettuce 1/2c Diced Peaches 1/2c. 1/2pt 1% White Milk 1ea.
25 Beef Mloaf w/grv 1ea. Deluxe Mashed Potatoes 1/4 c. Whl Wheat Bread 1ea Tropical Fruit 1/2c. 1/2pt 1% White Milk 1ea.	26 Chicken Thigh 1ea. w/Mushroom Sauce Premium California Vegetable 1/4 c. Whl Wheat Bread 1ea Pineapple Tidbits 1/2c. 1/2pt 1% White Milk 1ea.	27 Beef Patty 1ea On Whole Wheat Bun 1 ea. Baby Carrots 1.6 oz Diced Pears 1/2c. 1/2pt 1% White Milk 1ea.	28 Bk Chicken Drum. 1ea Peas & Carrots 1/4c Whl Wheat Bread 1ea Mixed Fruit 1/2c. 1/2pt 1% White Milk 1ea.	29 Noon Dismissal

March Lunch Order

Student Name: _____ Grade _____

Please place a check mark (v) on the days you would like lunch (\$4.00 each)

MON	TUES	WED	THUR	FRI
				1 Noon Dismissal
4	5	6	7	8
11	12	13	14	15 Noon Dismissal
18	19	20	21	22
25	26	27	28	29 Noon Dismissal

*Lunch must be order no later than 9am the day prior to eating.

* Changes or cancelations must be done 24hrs. in advance.

*No refunds will be given for absences if you have not notified the front office in advance (24hrs.)

*Lunches will be invoice at the end of each month through FACTS and must be paid promptly or lunch service will be suspended.